

Index

- 30° tilt, 212, 213–14
- A&E, procedures for children attending, 128–9
- AAFB, 351
- ABCDE, 636, 664, 690
- abdominal thrusts, 683
- abduction traction, 531
- absenteeism, 400
- abstinence syndrome *see* withdrawal syndrome
- abuse *see* child abuse
- ACE procedure, 90, 97–8
- acetylcysteine, in paracetamol poisoning treatment, 627–8, 629
- acid mantle, 168
- acidosis
- and cardiac arrest, 664
 - and seizures, 444
 - treatment, 148
- ACT, 154
- activated charcoal, 627, 629, 630, 633
- activated clotting time (ACT), 154
- activity level, 13
- acute kidney injury (AKI)
- causes, 147
 - dialysis sessions, 149
 - IV fluid and electrolytes requirements, 146
- acute laryngotracheobronchitis (croup), isolation precautions, 250
- acute protein-energy malnutrition, 474
- acute renal failure *see* acute kidney injury
- addiction, definition, 735
- Adelaide Paediatric Coma Scale, 437, 438
- adenovirus, isolation precautions, 250
- adipose tissue, 63, 104
- adjunct therapy, 736
- adjuvants, in pain management *see* co-analgesics
- administration of medication, 357–94
- by carer, 358–9
 - by self, 358
- child development considerations, 359–60
- adolescents, 360
 - infants, 359
 - pre-schoolers, 360
 - school-age, 360
 - toddlers, 359–60
- drug calculations, 360–4
- general guidelines, 362–4
- nurse's role, 359
- see also* buccal and sublingual administration; enteral tube administration; epidural administration; inhalation administration; injections; intradermal administration; intramuscular administration; intranasal administration; intraosseous administration; intrathecal administration; intravenous administration; oral administration; rectal administration; skin patches administration; subcutaneous administration
- adolescents, needs, 610
- Adoption and Children Act (2002), 121
- adrenaline
- in anaphylaxis management, 42, 43
 - in cardiorespiratory arrest management, 685, 687, 689, 690
 - in circulation management, 675
- adrenaline auto-injector devices (AAD), 42–3
- Advanced Level Nursing, 292
- advanced life support (ALS), 664, 676, 684, 690
- adverse events following immunisation (AEFIs), 50, 226
- AEDs, 676, 688
- aerosolisation, 372
- aerosolisers, 373
- agitation, near death, 585
- air enema, 336–7
- airborne transmission, 240
- airway management, 664–7
- advanced, 668–71
 - in gastric tubes, 669
 - laryngeal mask airways (LMAs), 669
 - self-inflating bag-mask (B-M) ventilation, 669–71
 - tracheal tubes, 669
- basic techniques, 665–7
- head positioning, 665–6
 - pharyngeal airways, 666–7
 - suction, 665
- airway stenosis, 337
- airway suction, 636–42
- assessment, 637
 - completing procedure, 642
 - continuous vs. intermittent, 641
 - harmful effects, 637
 - irrigation in, 641
 - performing suction, 640–1
 - preparation of child and family, 637–8
 - preparation of equipment
 - catheter selection, 639
 - negative pressure, 638–9
- uses, 636
- AKI *see* acute kidney injury
- albumin
- administration, 81–2
 - infusion of component, 81
 - observations and recordings, 82
 - strengths, 80
- alcohol acid fast bacilli (AAFB), 351
- alcohol misuse, in parent, 121
- alcohol poisoning, 628
- Allen's test, 312
- allergens, 39
- common, 42
 - in healthcare setting, 48–51, 246
 - high allergen foods, 478
 - testing for, 380
- allergic dermatitis, 184
- allergic march, 40

- allergic reaction
 and contrast media, 332, 339
 and eye, 203
 allergic rhinitis, 39, 40, 45, 46–7
 and asthma, 47
 ‘allergic salute’, 47
 allergies, 38–51
 diagnosis, 40
 documenting, 5
 family history, 40
 and immune response, 39–40
 management, 40–1
 prevalence, 39
 testing for, 380
see also anaphylaxis; drug allergy; food
 allergy; hypersensitivity; latex
 allergy; respiratory allergy
- ALS, 664, 676, 684, 690
- alternating pressure (AP) surface, 214,
 215
- aluminium hydroxide, 181
- Ametop, 602
- amikacin, maximum doses, 360
- amino acid disorders, testing for, 428
- amiodarone, 687, 689, 690
- amoebic dysentery, 350
- anaemia, and biopsy, 66
- anaesthetic agents, in pain management,
 542, 555, 562
- anaesthetic room preparation, 603–4
- anal irrigation, 95–7
- analgesic ladder, 543
- anaphylaxis, 38–51
 algorithm, 42
 asthma and, 42
 children at increased risk of, 42–3
 drug allergy and, 49
 food allergy and, 41–3
 management, 41–3
 vaccination and, 50
- angiography, 343
- angioplasty, 343
- ano-rectal manometry, 89
- anorexia, in palliative patient, 582–3
- antegrade colonic enema (ACE), 90, 97–8
- antenatal hydronephrosis, 332
- antibiotics
 analysis of levels, 347
 bactericidal, 239
 bacteriostatic, 239
 contraindicated in burns, 108
 effects on flora in mouth, 190
 intrathecal, 389
- anticholinergic drugs, in premedication,
 602
- anticoagulation, after liver biopsy, 60
- anticonvulsants, in pain management, 542
- antiemetics, before chemotherapy, 137,
 138
- antifungal agents
 in nappy rash treatment, 182, 184
 in oral hygiene, 194
- antigen presenting cells, 39
- antihistamines, 42, 45, 47
 and salivary production, 190
 sedating, 46
- antimicrobial chemotherapy, 239
- antimicrobial creams, in burns, 109, 111
- antimuscarinics, in pain management,
 542
- antiseptic solutions, 243, 244
- anti-spasmodic medication, 723
- ANTT *see* aseptic non-touch technique
- anxiety
 preoperative, 599
 reduction through play, 615
- anxiolytics, in pain management, 542
- aperients, 17
- apnoea
 near death, 585
 and seizures, 444
- apnoea alarm, 647
- aqueous humour, 203
- arachis oil, 182
- ARIA, 46
- arousal, 437
- arrhythmias
 with compartment syndrome, 518
 non-shockable, 684–5
 management, 684–5
 in poisoning, 629
 shockable, 684–5
 management, 686–7
- arterial compression, in plaster cast, 526
- arterial lines, 28, 310–21
 blood sampling from, 317–18
 calibration, 314–15
 cannulation, 311–14
 observations, 315–16
 patency maintenance, 310, 315
 preparation of child and family, 311
 removal, 320–1
 system set up, 310–11
 troubleshooting, 318–20
 abnormal readings, 319
 circulation compromise, 319
 dampened trace, 318
 no waveform, 319–20
 puncture site bleeding, 319
 uses, 310
- arterial waveform analysis, 310
- arterio-venous (AV) fistula, 149
- arteriovenous malformations, 343
- artificial feeding, 582
- ascites, and biopsy, 55
- aseptic non-touch technique (ANTT),
 257–8, 268, 501
 for intravenous therapy, 258
- aspergillosis, isolation precautions, 250
- assessment, 1–35
 blood pressure *see* blood pressure
 documentation, 21
 family history, 5–6
 general principles, 2–3
 height, 9–11
 past history, 4–5
 present illness, 4
 review of systems, 13–21
 vital signs, 6–9
 weight, 11–12
- Association of Breast Feeding Mothers
 (ABM), 480, 511
- asthma, 40, 46, 47
 aerosolisation treatment, 372
 allergic rhinitis and, 47
 and anaphylaxis, 42
 and OFC, 45
 preoperative medication, 602
- asymptomatic carriers, 239
- asystole, 685
 management, 685
- atelectasis, 636, 637, 701
- atopic dermatitis, 184
- atopy, 40
- atropine, 204
 in bradycardia, 685
 as premedication, 602
- Augmentin, 206
- auscultation, 28
- automated blood pressure monitors, 21–2,
 30, 34–5
- automated external defibrillators (AEDs),
 676, 688
- automated peritoneal dialysis (APD), 158
- AVPU, 645, 647
- awareness, control, 437
- axillary artery cannulation, 312
- axillary crutches, 527, 529
- axillary temperature measurement, 7
- Ayres T piece, oxygen delivery via, 644
- baby bathing, 170–2
- Baby Friendly Initiative, 480
- baby-therms, 419–20
- baby wipes, 170, 181
- bacillus Calmette–Guérin (BCG), 224, 225,
 231, 233
- back blows, 682–3
- background radiation, 326
- bacteraemia, 230, 237
- bacterial nappy rash, 184
- bacterial resistance, 239
 inherent, 239
- bag valve mask, 644
- balanced traction, 530
- Bard Groshong® closed end valve PICC,
 291

- barium enema, 335
 in constipation investigation, 89, 335
 barium follow through, 335
 barium swallow *see* upper gastrointestinal series
- barotrauma, 669
- barrier creams, 181, 182, 184, 186
- barrier device, in basic life support, 676
- barrier films, 212
- basic life support (BLS), 664, 676–81
 in choking, 684
 paediatric sequence of actions, 676
 provision guideline, 676–81
 airway, 677
 breathing, 678–9
 circulation, 679–80
 continuing, 681
 reassessment, 681
 safety, 676
 shout, 677
 stimulate, 677
 tracheostomy, 706, 708
- Basic Life Support Guidelines, 636
- basinette, neonate in, 422
- bathing, 167–76
 assessment, 169–70
 baby, 170–2
 bed bath, 174, 175
 child, 173–4
 child with special needs, 174, 176
 and communication, 168–9
- BCG, 224, 225, 231, 233
- bed bath, 174, 175
- bed management system, 249
- beds
 electric, 406
 height-adjustable, 406
 tilting foot end, 212
- benzodiazepines
 treatment of patients on long-term, 735
 usage consequences, 735
 weaning guidance, 741
see also drug withdrawal
- betamethasone, 204
- Betoptic, 203
- bilirubin, in neonatal jaundice, 431–4
- biofeedback, 90
- biopsies, 53–72
see also bone marrow aspirate and trephine; liver biopsy; punch skin biopsy; renal biopsy
- biopsy material, collection, 347
- bioterrorism, 238
- birth, declaration of, 589
- birth history, assessment, 4
- Bivona® tube, 715, 716
 Flexend®, 715, 716
 Hyperflex®, 715, 716
- bladder control, 176
- bleeding
 after biopsy, 66, 67, 71
 arterial line puncture site, 319
 in PICC line removal, 309
- blindness, oxygen therapy and, 643
- blisters, burn, 108–9
- blood
 management of exposure to, 259–60
 spillage, 260–1
- blood components administration, 74–86
 care planning, 75
 cryoprecipitate, 76
 fresh frozen plasma, 76
 incidents of incorrect, 75
 infusion of component
 identity check and administration, 79
 observations, recordings and traceability, 79–80
 nursing role, 75–6
 platelets, 76
 preparation
 child and family, 76
 prescription, 77
 transfusion, 77–8
 reaction management, 80–1
 red cells, 76
see also albumin; blood transfusion;
 coagulation factors;
 immunoglobulin
- blood culture, 346
- blood groups, 75
- blood loss, perioperative, 606
- blood pressure (BP)
 assessment, 21–35
 automated, 34–5
 conditions affecting, 27
 definition, 22
 equipment, 30–2
 factors affecting, 31
 levels by age and height percentiles
 boys, 23–4
 girls, 25–6
 measurement, 27, 29, 31–2
 invasive, 310
 manual with doppler, 32–4
 monitoring methods, 28–9
 phases, 22
 recording, 35
- blood products *see* albumin; blood components administration;
 coagulation factors;
 immunoglobulin
- blood sampling, 346–7
 antibiotic levels analysis, 347
 blood culture taking, 346
 from arterial line, 317–18
 from central venous catheter, 301–2
 from peripheral cannula, 286–7
- principles, 286–7
 technique, 287–9
- blood serum levels, 143
- blood stream infections, financial cost, 237
- blood transfusion
 preparation, 77–8
 refusal to accept, 76
see also blood components
 administration
- BLS *see* basic life support
- BMFs, 476, 485–6
- body bags, 592
- body fluids
 and HIV transmission risk, 259
 management of exposure to, 259–60
 spillage, 260–1
- body posture, 13
- body proportions, 10
- body surface area (BSA), calculation, 360, 361
- body weight estimation, 684
- bolus injection
 via central venous catheter, 302–4
 via peripheral venous catheter, 280–3
- bone marrow, 70
 aspiration, 675
- bone marrow aspirate and trephine, 69–72
 complications, 69–70
 post-procedure care, 71–2
 preparation of child and family, 70
 preparation of equipment, 70
 procedure, 70–1
- books, for use with children in hospital, 620
- Boorman Report (2009), 402
- Bordetella pertussis*, 348
see also pertussis
- bowel care, 87–102
see also constipation; diarrhoea; stoma care; transanal colonic irrigation
- bowel control, 176
- bowel resection, 90
- Braden Q assessment tool, 212
- bradycardia, 676, 685
- brain stem, 400
- breast development, 18
- breast feeding, 474–5, 480–6
 advantages, 480
 anatomical anomalies preventing, 480–1
 contraindications, 476, 480, 482–3
 organisations supporting, 480, 511
 recommendation, 474–5, 480
 supporting breast feeding mother, 480
- breast milk, 480
 benefits, 480, 481
 expressing, 480–1
 qualities, 484–5
see also expressed breast milk
- breast milk fortifiers (BMFs), 476, 485–6

- breast pumps, 481
 breathe-actuated pressurised metered dose inhalers, 373, 376
 breathing management, 668–71
see also airway management
 ‘Broken Needle Technique’, 346
 Bromage score, 557, 561
 bronchiolitis, isolation precautions, 250
 bronchitis, diagnosis, 353
 bronchography, 337–8
 bronchomalacia, 694
 Broviac® catheters, 292–3, 501
 bruises, assessment, 19
 Bryant’s traction, 531
 buccal and sublingual administration, 369–70
 benefits, 369
 cautions, 369
 considerations, 369
 contraindications, 369
 equipment, 369
 bullying, 124
 burns, 104–15
 assessment, 106–7
 causes in children, 104
 classification, 104–5
 definition, 104
 dressings, 109–12
 changes, 109–11
 choice, 111
 types, 111
 first aid following, 105–6
 fluid resuscitation, 108
 health promotion following, 114–15
 management phases, 104
 ongoing care, 113–14
 psychological care following, 112–15
 specialist unit referral, 105
 wound care, 108–11
 wound healing, 108, 111
 CAF, 126–7
 Campylobacter, isolation precautions, 250
 cancer, pain management, 566
 cancer services, peer review, 135
Candida albicans, 184, 196, 201
 candles, 115
 cannulas
 advancing options, 274, 275
 care of, 278–80
 dressing, 275
 dressing change, 280
 flushing, 280–3
 insertion methods, 274
 ‘over the needle’, 268
 removal, 289–90
 cannulation
 arterial, 311–14
 best practice standard, 291
 femoral vein, 292, 294–6
 as mandatory for anaesthetised children, 604
 positive reinforcement and reward, 277
 procedure, 273–4
 summary points, 276
 troubleshooting guide, 277
see also peripheral venous catheters
 CAPD, 158
 capillary refill, assessment, 516
 capsules, opening, 364–5
 cardiac arrest
 definition, 684
 see also cardiorespiratory arrest
 cardiac arrhythmias *see* arrhythmias
 cardiac tamponade, 648
 cardiorespiratory arrest
 aetiology, 664
 management, 684–7
 body weight estimation, 684
 ECG rhythm analysis, 684–5
 medications in, 689–90
 of non-shockable rhythms, 684–5
 of shockable rhythms, 686–7
 potentially reversible causes, 690
 survival rates, 664
 cardiorespiratory resuscitation *see* resuscitation
 cardiovascular system, review, 13–14
 Care Quality Commission (CQC), 237
 carpal tunnel syndrome, 402
 casein-based formulas, 476
 catheter specimen of urine (CSU), obtaining, 729–30
 catheters
 inserting, 150
 midline, 268
 suction, 639
 for venous access in children, 268
see also central venous access devices;
 peripheral venous catheters;
 peripherally inserted central venous catheters
 cauda equina, 400
 CAVH, 147–8, 151
 cell salvage, 76
 Centers for Disease Control and Prevention (CDC), 238
 central cyanosis, 13
 central nervous system (CNS)
 depression, 629
 direct administration of medication to, 389, 393
 central nervous system (CNS) disease
 nausea and vomiting in patients with, 579–80
 central stimulus, 470
 central venous access, interventional radiology and, 342
 central venous access devices (CVADs), 139, 292–310
 accessing, 298–9
 administration of bolus drug via, 302–4
 administration of drug infusion via, 304–6
 blood sampling, 301–2
 cap change, 299–300
 dressings, 297–8
 flushing off, 301
 infection control, 297
 maintaining closed system, 296
 non-tunnelled central venous catheters, 268, 292, 344
 observations, 296–7
 and parenteral nutrition, 500–1
 patency assessment, 300
 patency maintenance, 299
 perioperative care, 293
 removal complications, 309–10
 troubleshooting, 307–8
 tunnelled central venous catheters, 268, 292–3, 344, 500
see also catheters; implantable ports;
 peripherally inserted central venous catheters
 cerebral aneurysms, 343
 cerebrospinal fluid (CSF)
 characteristics, 463
 collection, 347
 drainage *see* external ventricular drainage
 infected, 447, 449, 457
 sampling, 457–8
 Certificate of Examination, 587
 certificates, suppliers, 324
 Cervarix, 228
 cervical oesophagostomy, 507
 CEWS, 636, 637, 642, 645, 649, 653
 Change for Children programme, 122–3
 chemical burns, 104, 105
 chemotherapy
 assessment prior to, 137
 complications, 135
 consent, 135
 intrathecal administration, 391–2
 personal protective equipment (PPE), 136
 preparation, 137
 prescribing, 137–8
 safe administration, 136–8
 training, 136
 work practices, 136
see also cytotoxic drugs
 chest drainage, 648–59
 aims, 648
 assessment
 ongoing, 654
 pre drain insertion, 649

- chest drainage (*cont'd*)
 child preparation, 649–50
 clamping drain, 654–5
 complications, 656–7
 conditions requiring, 648
 consent, 650
 fluid loss, 654
 insertion of drain, 650–3
 management, 654–6
 removal of drain, 548, 648, 657–9
 staff competency, 649–50
 systems, 648
- chest shape, 13
- chest thrusts, 683
- Cheyne–Stokes respirations, 584
- chickenpox *see* varicella
- child abuse, 118
 alerting factors, 119–20
 children with disabilities, 121–2
 communication with other agencies, 131
 culture and, 122
 definition, 119
 education and training, 125
 effects, 120
 emotional, 120
 physical, 119
 presentation, 119
 sexual, 119–20, 349
 signs of, 19
- Child Death Helpline, 594
- child neglect, 118
 alerting factors, 119
 children with disabilities, 121–2
 culture and, 122
 definition, 119
 effects, 120
- child protection, 117–32
 children with disabilities, 121–2
 Common Assessment Framework (CAF), 126–7
 communication with other agencies, 131
 definition, 118
 difference and culture, 122
 fabricated or induced illness (FII), 119, 130
 hospital setting, 118
 learning from serious case reviews, 123–5
 legal framework, 122–3
 national and political influences, 122–3
 nursing practice implications, 126
 practice guidance for children's nurse, 127
 practice review, 118
 procedures
 children admitted to hospital, 129–30
 children attending A&E, 128–9
 pre-discharge planning, 130–1
 responsibilities of staff, 127–8
 safeguarding culture, 125–6
 sources of stress for families, 120–1
 unborn babies, 118
- Child Protection Conference, 130
- child protection plans, 118, 120, 124, 130
- child protection supervision, 125–6
- child resistant lids, 627
- childhood, definition, 118
- childhood illnesses, oral complications, 199
- ChildLine, 124
- Children Act 1989, 122, 130, 414
- Children Act 2004, 123
- children with special needs
 bathing, 174, 176
 dental care, 195
 oral complications, 199
 radiological investigation, 328
 toileting, 179, 180
- The Children and Young People's Plan, 123
- Children's Cancer Measures, 135
- Children's Commissioner, 123
- Children's Early Warning System (CEWS), 636, 637, 642, 645, 649, 653
- children's nurses
 key skills, 125–6
 role in child protection, 118
- The Children's Plan, 123
- chlamydia infection, investigation, 349
- chlorhexidine based mouthwash, 192, 194
- chlorhexidine gluconate, 243, 244
- choking, 681–4
 general signs, 682
 management, 682–4
 back blows, 682–3
 checking mouth, 684
 continued BLS, 684
 initial rescue breaths, 684
 reassessment, 684
 safety, 682
 shout, 682
 stimulate, 682
 thrusts, 683
 recognition, 681–2
- chronic nonspecific diarrhoea, 91
- chronic protein-energy malnutrition, 474
- chylothorax, 648
- CIC, 719
- ciprofloxacin hydrochloride, 206, 207
- circulation management, 671–5
see also intraosseous access
- cisplatin, 137
- CJD *see* Creutzfeldt Jakob Disease
- Clean Care is Safer Care initiative, 237
- clean intermittent catheterisation (CIC), 719
- cleansing agent, choice, 243
- Climbie, Victoria, 123
- clonidine, in pain management, 542
- Clostridium difficile*
 equipment and, 262
 isolation precautions, 250
- clove hitch knot, 532
- CMV *see* cytomegalovirus
- CNS *see* central nervous system
- coagulase negative Staphylococcus, 237–8
- coagulation factors
 administration, 86
 uses, 86
see also individual factors
- coagulopathy, and biopsy, 55
- co-analgesics, in pain management, 542, 561
- cockroaches, 264
- codeine, in pain management, 542
- coeliac disease, and undernutrition, 474
- cognitive development, and toileting, 178
- cohort nursing, 249
- cohort source isolation, 257
- cold chain, 231
- cold stress, 423–4
- collagen synthesis, vitamin C and, 112
- colonic transit studies, 89
- colonoscopy, in constipation investigation, 89
- colostomy, 98
- colostomy plugs, 98, 99
- colostrum, 480
- coma charts, 443, 451, 452, 453, 466–9
- Coma Scoring system, 437
- comfort measures, 573
- comforters, 20
- Common Assessment Framework (CAF), 126–7
- communication
 facilitating through play, 615
 review, 21
- community based violence, 125
- community children's nursing (CCN)
 team, referral to, 112–13
- compartment syndrome, 513
 complications, 518
 detection, 518
 management, 519
- compartments, 513
- complete tracheal rings, 337
- compromised health, and oral care, 198–201
- computed tomography (CT), 339–40
- conduction, 422
- congenital heart disease, preoperative preparation, 599
- congenital hypothyroidism, 428, 429
 support groups, 431
- congenital infections, 240

- congenital rubella syndrome, 231
 conjugation, 239
 conjunctivitis, 203, 237
 isolation precautions, 256
 connective tissue, 104
 Connolly, Peter, 124
 consciousness, assessment, 437
 consent
 chemotherapy, 135
 chest drainage, 650
 gastric lavage, 631
 post mortem, 589, 590
 principles, 412
 restraint and therapeutic holding, 412, 413
 for surgery, 601
 constipation, 88–91
 ‘amber flags’, 89
 definition, 88, 580
 idiopathic, 88
 investigations, 88–9
 non-idiopathic, 88
 opioid medication and, 580
 in palliative patient, 580–1
 preparation for investigations or surgery, 90
 ‘red flags’, 89
 treatment, 89–91, 580
 biofeedback, 90
 diet, 90
 disimpaction, 89
 invasive, 81
 laxatives, 89, 90
 maintenance, 89–90
 suppositories, 90
 toileting, 90
 Consultant in Communicable Disease Control (CCDC), 238
 contact burns, 104
 contact dermatitis, 182
 contact lenses, 205–6
 care, 206
 infections associated, 205
 insertion, 205
 removal
 rigid gas permeable (RGP), 206
 soft, 205
 contact transmission, 240
 containment, 227
 containment products, 90–1
 continence
 assessment, 177
 attainment, 174, 176
 continuous ambulatory peritoneal dialysis (CAPD), 158
 continuous arterio-veno haemofiltration (CAVH), 147–8, 151
 continuous cycling peritoneal dialysis (CCPD), 158
 continuous low pressure (CLP) surface, 214, 215
 continuous veno-veno haemofiltration (CVVH), 147, 151
 starting, 153
 continuous veno-venous haemodialysis (CVVHD), 151
 contrast enema, 335–6
 contrast swallow *see* upper gastrointestinal series
 Control of Substances Hazardous to Health *see* COSHH
 controlled drugs, schedules, 358
 controlled oxygen therapy, 643
 convection, 422
 convulsing child, algorithm example, 471–2
 convulsions, induced by toxic agents, 629
 coping strategies, 617
 cornea, 203
 corneal abrasions, 203
 corneal reflexes, 15
 corticosteroids, in eye treatment, 204
 COSHH, 60, 135, 136, 237, 245
 coughing, 14
 effective, 682
 ineffective, 682
 to expel foreign body, 681
 counter traction, 530
 cramps, and sodium depletion, 98
 cremation, 587, 588, 589
 Creutzfeldt Jakob Disease (CJD), 237
 isolation precautions, 250
 cross tolerance, definition, 735
 croup *see* acute laryngotracheobronchitis
 crutches, 526–30
 assessment, 526–7
 axillary, 527, 529
 discharge from hospital, 530
 education of child and carers, 528
 elbow, 527, 528, 529
 measurement of child for, 528–9
 safe use
 on flat, 529
 on stairs, 530
 safety check, 527
 selection of walking aid, 527
 cryoprecipitate, administration, 76
 Cryptosporidium, isolation precautions, 250
 CSF *see* cerebrospinal fluid
 CSU, obtaining, 729–30
 CT scan *see* computed tomography
 cuffs
 maintenance, 30
 size, 21
 types, 22, 30
 Cumberlege Report, 359
 CVADs *see* central venous access devices
 CVVH, 147, 151
 starting, 153
 CVVHD, 151
 CVVHDF, 151
 cyclopentolate, 204
 cystic fibrosis
 and chronic hypoxaemia, 643
 and implantable ports, 293
 screening for, 428
 and undernutrition, 474
 cystic hygroma, 694
 Cystofix™ catheter, 719
 cytarabine, 140
 cytomegalovirus (CMV) infection,
 isolation precautions, 250
 cytotoxic drugs, 134–41
 administration routes, 139–41
 extravasation, 139–40
 intrathecal, 137, 138, 140–1, 389
 intravenous, 139
 oral, 139
 preparation, 135–6
 safe handling, 135
 safe practice legislation, 135
 spillage and contamination, 136
 waste disposal, 136
 see also chemotherapy
 dacryostenosis, 203
 daily routine, review, 20
 Death Certificate, 587, 588, 589, 593
 death of child, 585–95
 after care, 594
 communication, 586–7
 faith/culture influences concerning, 585
 legal issues, 588–91
 moving child who dies in hospital, 593–4, 595
 preparation of body, 591–2
 registration of, 588–9
 responsibilities, 586–7
 signs of impending, 584–5
 death rattle, 584
 deceased child, care of, 405
 decontamination, of equipment and environment, 261–2
 deep burns, 105, 108
 deep partial thickness burns, 105, 108
 defibrillation, 676, 686–9
 automated external defibrillators, 676, 688
 manual, 688–9
 dehydration, 98
 assessment, 144
 clinical features, 158
 degrees, 144
 delayed haemorrhage, after liver biopsy, 60
 deltoid muscle, 385
 demand feeding, 480

- dendritic cells, 39
- dental caries, 197–8, 364, 478
factors associated, 198
- dental decay, 197–8
- dental floss, 193, 197
- dental routine, 18
see also oral hygiene
- dependence, drug *see* physical dependence
- dependent prescribers, 359
- depolarisation, 444
- dermal capillary pressure, 212
- dermatitis, caused by detergent, 241
- dermatome map, 557, 560
- dermis, 104, 167
- desensitisation, 620–1
- detachable chamber spacers, 373
- developmental progress of children, 612–14
- dexamethasone, 204
- dialysate, 148
- dialysis *see* renal replacement therapy
- dialysis circuit, anticoagulation, 148
- diamorphine, in pain management, 542, 555
- diarrhoea, 91, 580
causes, 91
enteral feed, 499
in palliative patient, 580–1
treatment, 91, 582
- diastolic blood pressure, 22, 28
manual measurement, 33
- diazepam, in seizure treatment, 448
- DIC, 332
- diet, and constipation, 90
- dietary requirements
growing preterm infants, 476
healthy children, 474
- digital rectal examination (DRE), 89
- dignity, perioperative, 603, 604
- diphtheria, 224, 227
- direct isotope cystogram (DIC), 332
- Director of Infection Prevention and Control (DIPC), 238
- disimpaction, 89
- displacement volumes, 360
- disposable aprons and gowns, 136, 247
- disposable gloves, 246–7
- distraction techniques, 617–19
methods, 619
outcomes, 619
process/action, 618
relaxation, 619
resources, 618
standards, 618
when to start, 618
- DNAR orders, 691
- do not attempt resuscitation (DNAR) orders, 691
- domestic violence, 120–1
- doppler device, 28, 30
- dorsiflexion, 517, 518
- DPIs, 373
- drainage bags, 99
- drinks, for infants, 478
- dripping stent, 726
- droplet transmission, 240
- drug administration *see* administration of medication
- drug allergy, 48–50
and anaphylaxis, 49
diagnosis, 49
management, 49
presentation, 48
testing, 49
vaccination and, 49–50
- drug calculations, 360–4
- drug formula, 360
- drug holidays, 736
- drug infusion
via central venous catheter, 304–6
via peripheral cannula, 283–6
- drug misuse, in parent, 121
- drug withdrawal, 734–44
assessment, 737–41
tools, 738–9
categorisation of risk, 741
causes of withdrawal-like symptoms, 737
clinical symptoms, 737–8
conversion from intravenous to oral medication, 742–3
education, 744
incidence in children, 735, 741
non-pharmacological management, 740–1
nutritional concerns, 740–1
skin integrity maintenance, 741
preparation for weaning, 736–7
prevention, 736
treatment regimens, 741
weaning plans, 736, 737
weaning protocols, 741–4
- drugs, oral complications, 200
- dry powder inhalers (DPIs), 373
- dysphagia swallow using videofluoroscopy, 333
- dysphasia, 440
- dyspnoea
oxygen therapy and, 642
in palliative patient, 581
- E. coli see* *Escherichia coli*
- ear care, 206–7
- ear drops, 206–7
administration, 207
- ear swabs, 347
- Early Warning Score, 6
- Early Warning System, 437
- EBM *see* expressed breast milk
- ECC *see* external chest compressions
- ECG rhythm analysis, 684–5
- eczema, 40
and food allergy, 44
and OFC, 45
and punch skin biopsy, 63
- egg allergy, 43, 44
and MMR vaccination, 49–50
- elbow crutches, 527, 528, 529
- electrical burns, 104, 105
- electrical safety, 114–15
- electrolyte imbalance, 143, 146, 152
- electrosurgical diathermy, 606
- elimination, 88
of disease, 227
nutrition and hydration and, 177
privacy and, 167, 177
review, 17–18
situations altering, 177
see also bowel care
- emesis, 628, 629
- emissary vessels, 671
- EMLA, 602
- emphysema, surgical, 697, 698
- empyema, 648
- encephalitis, diagnosis, 347
- End of Life plans, 124
- end stage renal failure (ESRF), 146–7, 148, 158
- enemas, 89, 90, 92–3, 376–8
administration, 92–3, 377, 378
cleansing, 376
medicated, 376, 378
types, 376
see also antegrade colonic enema;
barium enema; rectal administration
- Enterobius vermicularis*, 350
- enteral feeding, 478–80, 487–99
bolus feeds, 489, 496–7
advantages, 487, 496
children, 479
continuous feeds, 487, 497–8
indications, 497
gastrointestinal side-effects, 499
handling of feeds, 487–8
infection control issues, 487
modular feeds, 487
sterile feeds, 487
indications, 487
infants, 479
monitoring, 499
negative aspects, 487
preparation of child and family, 488
see also gastrostomy tube feeding;
nasogastric tube feeding;
nasojejunal tube feeding

- enteral tube administration, 366–8
 benefits, 366
 cautions, 366
 considerations, 366
 contraindications, 366
 equipment, 366
- enterobiasis *see* pinworm infection
- Entonox, 548
 abuse, 548
 administration, 548–55
 after use, 554
 child assessment, 549
 managing side-effects, 553
 preparation, 550–1
 procedure guideline, 552
 technical problems, 553
- audit of use, 548
 contraindications, 548
 cylinder level checks, 548, 550
 in pain management, 542, 548–55
 self-administration advantages, 548
 side-effects, 553
 storage, 554
 training in use, 549
 competencies, 543
- environment
 decontamination of, 261–2
 as source of infection, 239–40
- environmental transmission, 240
- epidermis, 104, 167
- epidermolysis bullosa, 190, 199, 201
- epidural abscess, 564
- epidural administration of medicines, 393
 benefits, 393
 consideration of medicines, 393
 contraindications, 393
- epidural analgesia, 554–66
 assessment, 555
 complications, 561–4
 epidural entry site, 563
 infection, 563–4
 local anaesthetic toxicity, 562
 neurological, 564
 pain, 561–2
 urinary retention, 562
- continuous infusion, 556
- discontinuing, 565–6
- documentation, 559
- drug administration, 557
- nursing care
 general, 557
 observations, 557–9
- preparation, 555
- technical problems, 564–5
 catheter disconnection, 564
 pump occlusion, 564
- transfer of child (following insertion), 557
- uses, 555
- epidural space, 554
- epiglottitis, 227
- epilepsy, 443, 444
see also seizures; status epilepticus
- Epstein–Barr virus (EBV) infection,
 isolation precautions, 250
- equipment, decontamination of, 261–2
- eradication, 227
- erythema infectiosum *see* parvovirus
 B 19
- erythropoietin supplementation, 76
- Escherichia coli*, isolation precautions,
 251
- ESRF, 146–7, 148, 158
- ethanol (alcohol) poisoning, 628
- evaporation, 422
- EVD *see* external ventricular drainage
- Every Child Matters*, 104, 122, 123, 125
- exogenous infection, 239–40
- exomphalos, 426
- expressed breast milk (EBM), 476, 479
 dividing and decanting, 483–4
 fortification, 485, 486
 for preterm infants, 484, 485–6
 fresh, 481–3
 frozen, 483
- external chest compressions (ECC),
 679–80
 in cardiorespiratory arrest management,
 685–6, 687, 688–9
- delivery, 680
 child, 680
 infant, 680
- landmarking for, 679
- external ventricular drainage (EVD), 447,
 449–62
- CSF sampling, 457–8
- drain management
 connecting or changing system, 449,
 454–5
 drainage, 453–4
 fluid and electrolyte balance, 457
 positioning of drain, 452
 repairing split catheter, 455
 unblocking catheter, 456–7
- drain removal, 460
- exit site care, 460
- indications, 447
- informing child and family, 450–1
- intrathecal drugs administration, 390,
 459
- neurological assessment, 451
- transfer management guidelines, 461–2
- types of system, 449
- extracellular fluid (ECF) compartment,
 143
- extracorporeal volume (ECV), calculation,
 148
- extravasation, in chemotherapy, 139–40
- eye care, 202–6
 and bathing, 171
 general eye cleaning, 202
 specific, 202–3
see also contact lenses
- eye creams, 203
- eye drops, 203
 administration, 203–4
 types, 204
- eye movement, control, 437
- eye opening, scoring, 437, 438, 439
- eye protection, 136
- eye swabs, 348
- eyelids, droopy, 15
- EZ-IO drill, 672, 674
- fabricated or induced illness (FII), 119,
 130
- face masks, 248–9, 643, 644
- face shields, 248, 251, 254
- facial expressions, abnormal, 16
- facial protection, choice, 248–9
- factor VIII, in cryoprecipitate, 76
- faecal soiling/incontinence
 containments products, 90
 treatment, 90
- faeces
 assessment, 17
 collecting specimen, 350
- family history, principles table, 5–6
- fans, review of use, 257
- fasting, preoperative, 603
- fat, intake recommendations, 476
- fat stores, 104
- FB *see* foreign body
- feeding
 between-meal snacks, 478
 foods for children, 479
 premature infant, 476
 preparation and administration of feed,
 477
 regime review, 16–17
 sip feeds, 478, 479
 term infant, 476–7
 weaning, 477–8
see also breast feeding; enteral feeding;
 nutrition; parenteral nutrition;
 sham feeding
- femoral artery cannulation, 312
- femoral vein cannulation, 292, 294–6
- femur, anteriolateral aspect, 672
- fentanyl
 in pain management, 542, 555
 withdrawal incidence, 735, 741
- fever, and halitosis, 190
- FFP *see* fresh frozen plasma
- fibrinogen
 administration, 86
 uses, 76

- fibroblast growth factor, 182
 finger clubbing, 13
 fire, as cause of burns, 104
 fire safety, 115
 'Fischer' handles, 528
 fish allergy, 43, 44
 five Cs/Rs, 358
 flies, 264
 fluconazole, 194
 fluid balance, 142–64
 assessment, 143–6
 fluid input/output guideline, 147
 in ill child, 143–9
 maintenance of fluid requirements, 143
 vascular access, 149–50
 see also renal replacement therapy
 fluid intake, reduced, 582–3
 fluid resuscitation, for major burns, 108
 fluoride toothpaste, 193, 197
 fluoroscopy, 330–8
 care principles, 331
 see also air enema; barium enema;
 barium follow through; contrast
 enema; dysphagia swallow using
 videofluoroscopy; interventional
 radiology; intravenous urography;
 linogram; micturating
 cystourethrogram;
 tracheobronchography; tube
 oesophagram; upper
 gastrointestinal series
 fluorosis, 192
 foam dressings, 111
 foam sponges, 191, 193
 Fome Cuff®, 715, 716
 food allergy, 43–6
 and anaphylaxis, 41–3
 development, 40
 diagnosis, 44
 eczema and, 44
 emergency treatment plan, 43
 NICE guidelines, 39
 testing, 44–5
 food aversion, 506
 foot movement, assessment, 517
 foramen of Monro, 452, 461
 fore milk, 480
 foreign body (FB), 671, 677, 679, 681, 684
 'Four in One Growth Chart', 11, 12
 freedom of information, 238
 freeze dried medication, in rubber topped
 vial, 379
 fresh frozen plasma (FFP)
 administration, 76
 uses, 76
 full thickness biopsy, 89
 full thickness burns, 105, 108
 fungal nappy rash, 184
 fungal samples, of hair, nail and skin, 351
 gagging, 682
 gait, assessment, 20
 galactosaemia, 428
 gallows traction, 531
 gamma radiation, 340
 Gardsall, 228
 gastric decontamination, 629–34
 gastric lavage, 629, 630–4
 initial assessment, 630
 patient consent, 631
 patient preparation, 631
 post procedure, 634
 preparation of equipment, 632
 procedure, 632–3
 training, 631
 gastric motility drugs, 602
 gastric tubes, in airway management, 669
 gastric washings, 351
 Gastrografin enema, 335–6
 gastrostomy tube
 administration of medication by, 368
 balloon checking, 495
 blockage prevention, 495
 over granulation, 496
 skin infection, 496
 stoma care, 494–5
 tube management, 495
 tube replacement, 495
 types, 494
 gastrostomy tube feeding, 487, 494–6
 indications, 494
 GCS *see* Glasgow Coma Score
 general anaesthetics, for radiological
 investigation, 329–30
 general sale medicine (GSL), 358
 genetic material transfer, 239
 genetic mutation, 239
 genital discharges, 17
 genito-urinary system anatomy
 female, 724
 male, 724
 German measles *see* rubella
 gestational age, and infection risk, 240
Giardia lamblia, isolation precautions, 251
 gingivae, assessment, 192
 Glasgow Coma Score (GCS), 154, 437, 438
 categories, 437, 438
 see also eye opening; motor response;
 verbal response
 glaucoma, 203
 treatment, 203–4
 Global Patient Safety Challenge, 237
 gloves, nitrile, 136
 glucose, in cardiorespiratory arrest
 management, 689, 690
 gluteus minimus muscle, 385
 goggles, 248
 goniotomy, 203
 GOSH Coma Chart, 466–9
 GOSH pain assessment charts, 544–5
 GOSH Pain Control Service Sedation
 Score, 573
 Gram-positive bacteria, 237
 Great Ormond Street Hospital tube, 715,
 716
 Green Book, 223–4
 green light 300 device, 30
 grief, cultural expressions of, 585
 Groshong® valve, 291
 growth, assessment, 9
 grunting, 14
 guided imagery, 622
 Guideline on the Administration of Blood
 Components, 77
 Guthrie testing *see* newborn bloodspot
 screening
 H1N1, 228
 haemangioma, 694
 haematomas, after renal biopsy, 66
 haematuria, after renal biopsy, 66
 haemodiafiltration, 151
 haemodialyser, 148
 haemodialysis (HD), 146, 148, 155–8
 commencing, 155–7
 dialysis fluid for, 148–9
 discontinuing, 157
 patient complications, 158
 starting, 148–9
 haemodynamic monitor, 310
 haemofiltration (HF), 146, 147–8, 151–5
 discontinuing, 155
 monitoring and maintaining, 154
 preparation, 151–2
 starting, 148–9
 haemolytic-uraemic syndrome, isolation
 precautions, 251
 haemophilia, treatment with genetically
 engineered factor VIII and IX,
 76
Haemophilus influenzae type b (Hib), 223,
 225, 226, 227
 haemorrhage, external, in palliative
 patient, 583
 haemorrhagic disease of the newborn,
 424
 haemorrhagic rashes, 19
 haemothorax, 648
 chest drain insertion and, 648, 652
 HAI *see* hospital acquired infection
 hair
 condition review, 18
 fungal samples, 351
 half hitch knot, 532
 halitosis, fever and, 190
 halo-tibial traction, 535–7
 hand, foot and mouth disease, isolation
 precautions, 251

- hand hygiene, 241–5
 cleansing agent choice, 243
 decontamination technique, 243–4
 drying techniques, 245
 equipment required for washing, 241
 flow chart, 245
 general hand care, 241–2
 when to wash hands, 242–3
- Hand Hygiene in Health Care, 237
- hand movement, assessment, 517
- handling *see* moving and handling
- Harm, definition, 122
- HCAI *see* healthcare associated infection
- HD *see* haemodialysis
- head circumference, 15
- head injury, and seizures, 444
- head tilt/chin lift, 665–6
- headbox, oxygen delivery via, 644
- health promotion
 following burn, 114–15
 and oral care, 197–8
- Health and Safety at Work Act (HSWA) (1974), 398, 402
- Health and Social Care Act (2008), 237
- healthcare associated infection (HCAI), 237, 238, 241
- healthcare waste, 263
- hearing problems, 16
- heart rate, assessment, 8
- heat loss
 causes, 422
 prevention, 423
- heat and moisture exchangers (HMEs), 699
- heat stress, 424
- height
 measurement, 9–11
 procedure guideline, 9–11
- hemiparesis, 443, 466
- HEPA filters, 248, 257
- heparin
 in circuit anticoagulation, 148
 and neonatal jaundice, 431
- hepatitis, isolation precautions, 251
- hepatitis B, 224, 227–8, 233
 transmission to healthcare personnel, 259
 vaccination, 384
- hepatitis B virus (HBV), 224, 227
 transmission to healthcare personnel, 259
- hepatitis C, transmission to healthcare personnel, 259
- hepatitis C virus (HCV), transmission to healthcare personnel, 259
- herd immunity, 226–7
- herpes polymerase chain reaction, 354–5
- herpes simplex, isolation precautions, 251
- herpes zoster, 224
 isolation precautions, 251
- HF *see* haemofiltration
- Hib, 223, 225, 226, 227
- Hickman® catheters, 292–3, 500
- HIE, 444
- high-concentration oxygen masks, 643, 644
- high concentration oxygen therapy, 643
- high efficiency particulate air (HEPA) filters, 248, 257
- hind milk, 480
- hip
 closed reduction, 531
 developmental dysplasia, 531
 irritable, 531
- hip spica plaster casts, 524, 525
- histamine, 40
- HIV
 body fluids and transmission risk, 259
 death certificate of child with, 588
 isolation precautions, 251
 maternal infection surveillance, 428–9
 transmission to healthcare personnel, 259
 and tuberculosis, 231
- hoists, 406
 guidelines, 411
- hospital acquired infection (HAI), 240, 249
 financial burden, 237–8
- hospital admission, procedures, 129–30, 600–1, 616–17
- Hospital Play Specialist (HPS), 610, 614–17, 619–22
 role, 615
 within multi-disciplinary team (MDT), 616–17
- host risk factors, 240
- hot liquids, and burns, 114
- hot water, and burns, 114
- HPN, 501
- HPV, 224, 228
- HSWA (1974), 398, 402
- ‘huber’ needles, 293
- human immunodeficiency virus *see* HIV
- human papillomavirus (HPV), 224, 228
- humidification, in tracheostomy
 management, 699–700
- humidified oxygen, 643, 644
- hydration, assessment, 144
- hydrocephalus, diverting infected CSF, 447
- hydrocolloid dressings, 111, 182
- hygiene *see* personal hygiene
- hyoscine hydrobromide, 584
- hyperbilirubinaemia, 431
- hypercalcaemia, with compartment syndrome, 518
- hypercapnia, 642
- hyperglycaemia, 690
- hyperinflation, 638
- hyperkalaemia
 as cardiorespiratory arrest cause, 690
 in haemofiltration, 152
 treatment, 148
- hyperpolarisation, 444
- hypersensitivity
 classification, 39
 IgE mediated, 39, 44, 48
 nomenclature, 39
- hypertension
 and biopsy, 66
 management of children with, 22
 obesity and, 27
 ‘white coat’, 31
- hypervolaemia, 144
- hypoalbuminaemia, albumin in, 81
- hypocalcaemia
 in haemofiltration, 152
 treatment, 148
- hypodermis *see* subcutaneous layer
- hypoglycaemia
 rebound, 500
 and resuscitation, 690
 and seizures, 444, 690
- hypokalaemia, as cardiorespiratory arrest cause, 690
- hypoproteinaemia, albumin in, 81
- hypothermia, 688
 as cardiorespiratory arrest cause, 690
 induced, 690
- hypothyroidism
 congenital, 428, 429
 support groups, 431
- hypovolaemia
 albumin in, 81
 as cardiorespiratory arrest cause, 690
 fluid replacement choice for, 146
- hypoxaemia
 oxygen therapy and, 642–3
 patient groups affected by, 643
 and seizures, 444
- hypoxia
 airway suction and, 637
 anatomical features predisposing to, 664
 as cardiorespiratory arrest cause, 664, 690
 physiological features predisposing to, 665
 and seizures, 444
 as suctioning complication, 701
see also oxygen therapy
- hypoxic ischaemic encephalopathy (HIE), 444
- ICP *see* intracranial pressure
- identity, checking, 75–6
- idiopathic thrombocytopenic purpura, 226, 229
 immunoglobulin E in, 82

- ifosfamide, 137
- IgE *see* immunoglobulin E
- ileal conduit, 97
- ileo-caecal intussusception, 336
- ileorectal anastomosis, 90
- ileosigmoid anastomosis, 90
- ileostomy, 98
- immobilisation *see* therapeutic holding
- immune response, allergy and, 39–40
- immunisation, 222–34
- assessment of record, 5
 - contraindications, 225–6
 - of healthcare professionals, 233–4
 - parental attitudes, 232
 - routine childhood schedule, 223–4
 - special risk groups, 224
 - specific diseases and vaccines, 227–31
 - see also* vaccination; vaccines
- immunity, 224
- active, 224
 - passive, 224
- immuno-compromised children
- and biopsy, 65
 - and immunisation, 226
 - and oral care, 200–1
- immunodeficiency disorders
- immunoglobulin in, 82
 - oral complications, 199
- immunoglobulin
- administration, 82–6
 - completion of infusion, 86
 - intravenous infusion (IVIG), 82, 84
 - preparation of child and family, 82–3
 - preparation of equipment, 83
 - preparation of prescription, 83
 - reaction management, 85–6
 - risk assessment, 82, 83
 - subcutaneous infusion (SCIG), 82, 84–5 - forms, 224
 - and live vaccines, 226
 - uses, 82
- immunoglobulin A (IgA), 190
- immunoglobulin E (IgE), 39–40
- allergies mediated by, 39, 44, 48
- immunoglobulin G (IgG), 240
- immunoglobulin M (IgM), 240
- immunotherapy, in allergic rhinitis
- treatment, 47
- impetigo, isolation precautions, 251
- implantable ports, 268, 293, 344
- see also* central venous access devices
- inactivated polio vaccine (IPV), 224, 230
- incontinence, causes, 179
- incubator, 418–19
- independent prescribers, 359
- indirect radionuclide cystogram (IRC), 332
- infant, in high dependency/intensive care, 201
- infection
- chain of, 238–40
 - mode of transmission, 240
 - prevention and control *see* standard precautions
 - and seizures, 444
 - source, 239–40
 - susceptible host, 240
- infectious diseases, death from, 592
- infectious mononucleosis, 250
- isolation precautions, 251
- infectious parotitis *see* mumps
- infective endocarditis, diagnosis, 346
- inflammatory bowel disease, and
- undernutrition, 474
- inflation/deflation device, 30
- influenza, 228–9
- diagnosis, 352
 - and healthcare professionals, 233
 - isolation precautions, 251–2
 - vaccine, 228–9
 - viruses, 228
- information sharing, importance, 126
- infusion phlebitis, 278–80
- definition, 278
 - infection prevention, 278–9
 - irritation causes, 278
- infusion pumps, 78
- inhalation administration, 372–6
- aim of therapy, 372
 - benefits, 372
 - cautions, 373
 - considerations, 372
 - contraindications, 373
 - equipment, 374
 - see also* breathe-actuated pressurised metered dose inhalers; DPIs; nebulisers; pMDIs; spacers
- inhalers, 373
- injections, 378–87
- considerations, 379
 - preparation of medication for, 379–80
 - see also* intradermal administration; intramuscular administration; subcutaneous administration
- injury
- musculoskeletal *see* musculoskeletal injury
 - to child in handling, 402
- intentional injury, incidence, 128
- interstitial compartment, 143
- interstitial lung disease, and chronic hypoxaemia, 643
- intertrigo, 184
- interventional radiology, 342–4
- aftercare, 344
 - angiography, 343
 - care, 343
 - central venous access, 342
 - central venous line (CVL) insertion, 342
 - renal biopsy, 342–3
- intima, 278
- intra-arterial access *see* arterial lines
- intracellular fluid (ICF) compartment, 143
- intracranial pressure (ICP)
- raised
 - relieving, 447
 - signs of, 443
- intradermal administration, 380–2
- benefits, 380
 - cautions, 380
 - considerations, 380
 - contraindications, 380
 - equipment, 381
 - uses, 380
- intradermal testing, 49, 380
- Intralipid, 500
- intramuscular administration, 384–7
- benefits, 384
 - cautions, 385
 - considerations, 384–5
 - contraindications, 385
 - equipment, 385
 - pinch up technique, 386
 - sites for, 385, 387
 - skin stretch technique, 386
 - Z-track technique, 386
- intranasal administration, 370–2
- benefits, 370
 - cautions, 370
 - considerations, 370
 - contraindications, 370
 - equipment, 371
 - via syringe, 372
- intranasal corticosteroids, 47, 48, 370
- intranasal dropper, 371
- intranasal spray, 371
- intraosseous access, 671–5
- benefits, 671–2
 - cannula/needle selection, 672
 - considerations, 672
 - contraindications, 672
 - informing child and family, 673
 - insertion site selection, 672
 - potential side-effects, 672
 - preparation
 - child, 673
 - equipment, 672–3 - procedure
 - EZ-IO inserted cannula, 674
 - manually inserted cannula, 673–4
 - using IO cannulae, 675
- intraosseous administration, 387–8
- benefits, 388
 - cautions, 388

- considerations, 388
 equipment, 388
 intrathecal administration, 389–92
 benefits, 389
 cautions, 389
 chemotherapy via intraventricular
 access device (Ommaya reservoir),
 392
 considerations, 389
 contraindications, 389
 drug administration via lumbar
 puncture, 391–2, 462
 equipment, 389
 external ventricular drainage system,
 390, 449–50
 intraventricular access device
 (reservoir), 390–1, 392
 intravascular compartment, 143
 intravascular fluids, in cardiorespiratory
 arrest management, 690
 intravenous access, 267–321
 see also central venous access devices;
 implantable ports; peripheral
 venous catheters
 intravenous administration, 387
 benefits, 387
 considerations, 387
 intravenous catheter infections, 346
 intravenous fluid, administration via
 peripheral cannula, 283–6
 intravenous urography (IVU), 331–2
 intraventricular access device, intrathecal
 medication administration via,
 390–1, 392
 introducer (obturator), 716
 intussusceptiitis, 336
 investigations, 325–55
 see also radiology; specimen collection
 iodophors, 243
 Ionising Radiation (Medical Exposure)
 Regulations, 327
 ipecac, 629
 IPV, 224, 230
 IRC, 332
 iron, and wound healing, 112
 iron supplementation, 76
 irritable hip, 531
 isolation nursing, 249–57
 check list before isolating patients, 257
 precautions for specific infections/
 conditions, 250–6
 isolation rooms, reasons for, 257
 itching *see* pruritus
 IVIG, 82, 84
 IVU, 331–2

 Jaques napkin rash/eruption, 184
 jaundice, 13
 see also neonatal jaundice

 jaw thrust, 666
 Jehovah's Witnesses, 76
 jejunostomy, 97
 administration of medication by, 368

 Kawasaki's disease, immunoglobulin
 therapy in, 80
 keepsakes, 592
 kernicterus, 431
 ketamine, in pain management, 542
 key part protection, 257
 key site protection, 257
 kidneys, fluid balance role, 143
 knots
 clove hitch, 532
 half hitch, 532
 Konakion, 425
 Korotkoff sounds, 22–3

 La Leche League (LLL), 480, 511
 lactation, 480
 lactose, intolerance to, 98
 Laming Report, 124, 130
 language development, and toileting, 178
 laryngeal mask airways (LMAs), 669
 laryngomalacia, 694
 late onset sepsis, 484
 latex allergy, 50–1, 246
 laundry management, 262–3
 laxatives, in constipation treatment, 89, 90
 learning disability, parents with, 121
 'let down' reflex, 480
 leukotriene receptor antagonist, 47
 lice *see* pediculosis
 lifting *see* moving and handling
 limb immobility, 278
 limb loss, 518
 limb movement
 assessment, 443
 when limb restricted, 516
 while child asleep, 516
 limping, 20
 linogram, 338
 lips
 anatomy, 190
 assessment, 192
 liver
 anatomy, 54
 diffuse disease, 58
 local lesions, 57
 liver biopsy, 54–60
 complications, 55, 59
 contraindications, 55
 discharge planning, 59–60
 equipment, 55
 indications, 54–5
 peri-operative procedure, 57–8
 post-operative care, 58–9
 pre-operative preparation, 56

 load biomechanics, 403
 local anaesthetic cream, 602
 local anaesthetics
 in epidural analgesia, 555, 562
 toxicity, 562
 Local Safeguarding Children Boards, 123,
 124, 125
 lockjaw *see* tetanus
 lockout interval, 566
 London Safeguarding Board Procedures,
 125
 long-term oxygen therapy (LTOT), 643
 love, and brain development, 120
 low birth weight baby
 and bathing, 168
 and infection risk, 240
 'minimal handling', 167
 low concentration oxygen therapy, 643
 lower limb neurovascular observation
 chart, 514
 LTOT, 643
 lumbar puncture, 462–4
 caution, 462
 contraindication, 462
 indications, 462
 intrathecal drug administration via,
 391–2, 462
 performing, 464
 preparation, 463
 staff competencies, 464
 lumbar spine, 402
 Lund and Browder charts, 107
 lungs, 636
 'stiff', 671
 lysozyme, 190

 magnetic resonance imaging (MRI), 342
 malaria, isolation precautions, 252
 malnutrition, 474
 Management and Awareness of the Risks
 of Cytotoxic Handling (MARCH),
 135–6
 Management of Health and Safety at Work
 Regulations (MHSWR), 398,
 402
 Manchester Emergency Triage System, 626
 flow-chart for overdose and self-
 poisoning, 628
 manual dialysis, 158
 manual handling
 devices to assist, 214
 in operating theatre, 605
 Manual Handling Operations Regulations
 (MHOR), 398, 403
 manual manometers, 28
 manual traction, 530
 MARCH, 135–6
 mast cells, 39–40, 49
 matches, 115

- maternal deprivation, 611
- mattresses
- cleaning, 215
 - pressure-reducing base, 212, 214–15
- maturation sutures, 695
- maximus medius muscle, 385
- MCADD, 428
- support groups, 431
- MCU, 332–3
- mealtimes, 478
- measles, 223, 226, 227, 229
- isolation precautions, 252
- meconium, 89, 169, 480
- meconium ileus, 335, 336
- ‘Medic Alert’ bracelet, 49
- medicated solution, in glass vial, 379
- medicines
- administration *see* administration of medication
 - categories, 358
 - The Medicines Act (1968), 358
 - Medicines and Healthcare product Regulatory Agency (MHRA), 237
- medium chain acyl coenzyme A dehydrogenase deficiency (MCADD), 428
- support groups, 431
- medullary cavity, 387, 671–2
- medullary venous channels, 387–8, 671
- mementoes, 592
- meningitis, 227, 230
- diagnosis, 347
 - isolation precautions, 252
- meningococcal B, 231
- meningococcal C, 223, 224, 225, 229
- meningococcal disease, isolation precautions, 252
- menstruation, review, 18
- mental illness, parents with, 121
- Mepiform, 182
- mercaptopurine, 138
- metabolic acidosis, 629, 642
- metabolic homeostasis, 54
- methionine, in paracetamol poisoning treatment, 627
- methotrexate, 137, 138
- meticillin resistant *Staphylococcus aureus* *see* MRSA
- MHOR, 398, 403
- MHRA, 237
- MHSWR, 398, 402
- microbiological specimens *see* specimen collection
- micro-organisms
- characteristics, 239
 - transient, 242
 - transmission routes, 240
- micturating cystourethrogram (MCU), 332–3
- midazolam
- in premedication, 602
 - in seizure treatment, 448
 - weaning guidance, 741
 - withdrawal incidence, 735, 741
- midline catheters, 268
- milk allergy, 43, 44
- Millennium Resolution of Fair Play for Children, 623
- ‘minimal handling’, 167
- The Misuse of Drugs Act (1971), 358
- Mitrofanoff catheter, 719
- flushing, 728–9
- MMR vaccination, 223, 224, 225, 226, 229
- aim of programme, 227
 - contraindications, 229
 - efficacy, 229
 - egg allergy and, 49–50
 - of healthcare professionals, 233
 - need for two doses, 229
 - safety scare, 233
- mobility, review, 20
- mobility aids, 20
- moisture, and wound healing, 111
- monitoring plan, 6
- morphine, in pain management, 542, 555, 566–7
- motor development, and toileting, 178
- motor responses
- examples, 470–1
 - scoring, 437, 438, 440–2
- mottling, 13
- moulds, sensitivity to, 46
- mouth
- anatomy and physiology, 190
 - assessment of corner, 192
 - condition review, 18
- mouth rinse, 192, 194
- mouth-to-mouth breaths, 678
- mouth-to-mouth and nose breaths, 678
- movement abnormalities, 15, 20
- Movicol PP, 89, 90
- moving and handling, 397–411
- documentation, 405–6
 - equipment, 406–7
 - care of, 407
 - guidelines, 411
 - hoists, 406, 411
 - specialist, 406
 - training, 406
 - types, 406
 - ward, 406
 - general guidelines, 407–8
 - general positioning, 410
 - general rules, 404
 - injury to child in, 402
 - legislation, 398–9
 - patient assessment, 408–10
 - risk assessment, 399–400, 405, 408–10
 - risks, 411
 - training, 403–4, 406
 - see also* musculoskeletal injury
- MRI, 342
- MRSA, 238, 239, 247
- isolation precautions, 252
- mucosal lining, 190
- mucositis, 193, 199
- mucous membrane, assessment, 192
- multidrug-resistant Gram negative organisms, isolation precautions, 252
- mumps, 223, 226, 229–30
- isolation precautions, 253
- Munro Review of Child Protection, 125
- muscles, assessment, 15
- musculoskeletal injury, 400–5
- anatomy of spine, 400–2
 - care of deceased child, 405
 - lumbar spine, 402
 - prevention, 403
 - rehabilitation, 402–3
- mycobacteria, non-tuberculosis, isolation precautions, 253
- Mycobacterium tuberculosis*, 351
- mydriatic drugs, 204
- myeloneuropathy, 548
- myocardium, 648
- depolarisation, 688
- NAI *see* non-accidental injury
- nails
- anatomy, 187
 - assessment, 188–9
 - care of, 187–9
 - condition review, 18
 - fungal samples, 351
 - hygiene, 189
 - as infection source, 187–8
- naloxone
- in epidural analgesia, 557, 558, 562
 - in opioid-related complications, 571, 572, 573
 - in patient/nurse controlled analgesia, 568, 569
- nappy care, 180–7
- cloth nappies, 181
 - creams and lotions, 181–2
 - disposable nappies, 181
 - routine, 185–7
 - skin cleansers, 181
 - topical medications, 182
- nappy laundering, 263
- nappy rash, 180, 182
- assessment for, 182, 183–5
 - predisposing factors, 182
 - severity scale, 183
 - treating, 181
 - types, 184

- nasal cannula, oxygen delivery via, 644
 naso-duodenal tube, administration of medication by, 368
 nasogastric tube, administration of medication by, 367
 nasogastric tube feeding, 488, 489–91
 tube insertion, 489–91
 tube management, 491
 nasojejunal tube, administration of medication by, 368
 nasojejunal tube feeding, 487, 492–3
 indications, 492
 tube insertion, 493
 tube management, 493
 nasopharyngeal aspirate, 352
 National Association for the Welfare of Children, 611
 National Burn Care Review, 104
 National Childbirth Trust, 480, 511
 National Resources for Infection Control, 237
 National Services Framework for Children, Young People and Maternity Services (NSF), 122, 123
 National Society for the Prevention of Cruelty to Children (NSPCC), 118, 122
 nausea
 opioid induced, 572, 579
 in palliative patient, 579–80
 NCA *see* nurse controlled analgesia
 nebulisation, 372
 oxygen delivery via, 644
 nebulisers, 372, 374, 699
 necrotising enterocolitis (NEC), 484
 isolation precautions, 253
 needle play, 620–1
 neonatal care, 416–34
 umbilical care, 426–8
 vitamin K administration, 424–6
 management, 425–6
 routes of administration, 425
 see also neonatal thermoregulation;
 newborn bloodspot screening;
 phototherapy
 neonatal history, assessment, 4
 neonatal jaundice, 431–4
 assessment, 432
 see also phototherapy
 neonatal thermoregulation, 417–24
 baby-therm, 419–20
 heat loss prevention, 423
 incubator, 418–19
 interventions
 cold stress, 423–4
 general, 422
 heat stress, 424
 monitoring temperature, 417–18
 open basinette, 422
 neonate
 bathing assessment, 169
 in high dependency/intensive care, 201
 temperature monitoring, 418
 skin, 168
 nephrectomy, 67
 nerve compression, in plaster cast, 526
 nerve damage, detection, 518
 neurological atrophy, 120
 neurological care, 436–72
 see also external ventricular drainage;
 lumbar puncture; neurological
 observations; seizures
 neurological observations, 437–43
 best motor response scores, 440–2
 education and training, 443
 eye opening scores, 437, 438, 439
 limb movement *see* limb movement
 principles, 437–42
 procedure guideline, 438
 pupil reaction, 437, 442
 raised intracranial pressure signs, 443
 verbal response scores, 437, 438, 439–40
 see also neurovascular observations
 neurological system, review, 14–16
 neurovascular observations, 513–19
 how to perform, 516–17
 informing child and family, 513
 lower limb observation chart, 514
 and traction, 535
 upper limb observation chart, 515
 see also neurological observations
 neutral thermal environment (NTE), 417
 recommended environmental
 temperatures, 421
 newborn bloodspot screening, 428–31
 assessing need to test, 429
 performing test, 429–30
 repeating test, 430–1
 nil by mouth, and administration of medication, 364, 365, 366
 nitrous oxide
 in pain management, 542
 properties, 548
 see also Entonox
 nomogram, 360, 361
 non-accidental injury (NAI), X-ray
 investigation of suspected, 330
 ‘non-coring’ needles, 293
 non-steroidal anti-inflammatories, 364
 non-tunnelled central venous catheters,
 268, 292, 344
 removal complications, 309–10
 see also central venous access devices
 non weight bearing, and crutches use, 529,
 530
 normality, aiding through play, 615
 norovirus, isolation precautions, 253
 norpethidine, accumulation, 542
 nose swabs, 348
 nosocomial infections (NI), 237–8
 ‘Notification of Death’ slips, 586, 593
 NSF, 122, 123
 NSPCC, 118, 122
 NST, 500, 502
 NTE, 417
 recommended environment
 temperatures, 421
 Nuclear Medicine, 340–1
 nurse:child ratios, with opioid infusions,
 570
 nurse controlled analgesia (NCA),
 566–70
 care of child, 570
 initial assessment, 567
 in neonates, 566
 preparation, 567
 setting up infusion, 568–9
 staff training, 567
 technical problems, 569
 uses, 566
 nurse prescribing, 359
 Nursing and Midwifery Council (NMC)
 on administration of medication, 358
 code of professional conduct, 118, 358
 nut based oils, 181
 nutrient foramina, 388
 nutrient solutions, 500
 nutrient vessels, 387–8, 671
 nutrition, 473–509
 diet throughout childhood, 478–9
 dietary requirements
 growing preterm infants, 476
 healthy children, 475
 impairment-causing conditions, 474
 importance, 474
 preterm to adolescence, 474–80
 requirements, 474
 review, 16–17
 and wound healing, 112
 see also breast feeding; enteral feeding;
 feeding; parenteral nutrition; sham
 feeding
 nutrition method, and infection, 240
 Nutrition Support Team (NST), 500, 502
 nystagmus, 15
 nystatin, 194
 obesity, and hypertension, 27
 obliterative bronchiolitis, 643
 obstructive sleep apnoea, and chronic
 hypoxaemia, 643
 obturator (introducer), 716
 occlusive dressings, for burns, 111
 odour, abnormal, 18
 oedema, 13
 oesophageal atresia, 507
 ‘oesophagostomy sling’, 508

- OFC, 44, 45–6
 ‘off protocol’, 138
 offensive/hygiene waste, 263
 Ommaya reservoir, 392
 ooze, 516, 525
 operating theatre, preparation and procedures, 605–6
 opioid-related complications, 571–3
 factors affecting likelihood, 570
 prevention and management, 570–3
 excessive sedation, 571
 nausea and vomiting, 572
 pruritus (itching), 572–3
 respiratory depression, 571–2
 opioids
 in pain management, 542, 555, 566–7
 rotation, 736
 treatment of patients on long-term, 735
 usage consequences, 735
 weaning guidance, 741
 see also drug withdrawal
 optichoice, 158
 OPV, 225, 230
 oral administration, 364–6
 benefits, 364
 cautions, 365
 considerations, 364
 contraindications, 365
 covert, 365
 equipment, 365
 oral cavity, 190
 assessment, 191–2
 rinsing, 192
 oral drug challenge, 49
 oral food challenge (OFC), 44, 45–6
 oral hygiene, 189–202
 assessment, 191–2
 compromised health and, 198–201
 conditions compromising oral well-being, 199–200
 health promotion and, 197–8
 importance, 190
 normal pattern of care, 190
 objective, 190
 optimum method, 190
 performing, 195–7
 preparation, 195
 privacy and, 196
 tools, 191–4
 oral hypersensitivity, 507
 oral phobia, 201
 oral polio vaccine (OPV), 225, 230
 oral stimulation, 487, 499
 oral stomatitis, 200
 oral temperature measurement, 7
 organ donation, 587, 590–1
 orogastric tube, administration of medication by, 367
 orthopaedic care, 512–38
 preparation of child and family, 513
 see also crutches; neurovascular observations; plaster care; traction
 oscillometry, 29
 osteogenesis imperfecta, 672
 osteopetrosis, 672
 osteoporosis, 672
 otitis externa, 206
 otitis media, 206–7, 230
 overdose
 ethanol (alcohol), 628
 initial management, 628–9
 paracetamol, 627–8, 629
 high-risk groups, 627
 treatment, 629–30
 see also gastric lavage
 see also poisoning
 oxygen therapy, 642–8
 assessment
 initial, 644–5
 ongoing, 646–7
 discharge planning, 647–8
 education, 644
 indications, 642
 issues, 642
 methods, 643–4
 preparation, 644–5
 in respiratory or cardiac arrest, 668–71
 setting up, 645–6
 types, 643
 uses, 642
 oxytocin, 480
 paediatric blood administration sets, 78
 pain assessment, 4, 516, 542–8
 on admission, 547
 general principles, 546
 standards for benchmarking pain, 542
 tools
 choosing, 542
 standardisation, 543
 for use with children with
 for use with children with cognitive impairment, 543
 validated tools on internet, 548
 using behavioural tool, 548
 using self-report tool, 547
 pain management, 539–74
 general principles, 540–2
 UK guidelines and recommendations, 540
 see also Entonox; epidural analgesia; nurse controlled analgesia; opioid-related complications; patient controlled analgesia; sucrose painful stimuli, types, 470
 palliative care, 577–97
 after care, 594
 after child dies *see* death of child
 anorexia, 582
 body preparation, 591–2
 definition, 578
 dyspnoea, 582
 external haemorrhage, 583
 moving child who dies in hospital, 593–4, 595
 nausea, 579
 nursing role, 578
 reduced fluid intake, 582
 seizures, 583–4
 signs of impending death, 584–5
 symptoms assessment, 578–9
 vomiting, 580
 pallor, 13
 palpation, 28
 pancreatitis, 229
 pain management, 566
 papillomatosis, 694
 paracetamol
 maximum adult dose, 360
 overdose, 627–8, 629
 high-risk groups, 627
 parainfluenza, diagnosis, 352
 parainfluenza virus infection, isolation precautions, 253
 paraldehyde, in seizure treatment, 448
 parental responsibility (PR), 2
 parenteral nutrition (PN), 500–6
 central administration, 500
 continuous, 500, 505
 CVADs and, 500
 cyclical, 500, 505
 delivery in hospital setting, 501–6
 baseline parameters, 501
 informing child and family, 501
 infusion commencement, 503–4
 infusion completion, 505
 infusion management, 504
 monitoring, 504–5
 obtaining PN, 502–3
 referring to nutrition support team, 501
 treatment completion, 506
 venous access, 502
 home (HPN), 501
 indications, 500
 peripheral administration, 500
 provision, 500
 Parkland formula, 108
 parotitis, 229
 partial weight bearing, and crutches use, 529, 530
 parvovirus B 19, isolation precautions, 253
 Passy Muir® valve, 717
 past history, principles table, 4–5

- patient controlled analgesia (PCA), 566–70
 ability of child to use, 567
 care of child, 570
 initial assessment, 567
 preparation, 567
 setting up infusion, 568–9
 staff training, 567
 technical problems, 569
 uses, 566
- PCR, specimens for, 348–9, 352, 354–5
- PCV, 224, 230
- PD *see* peritoneal dialysis
- PEA *see* pulseless electrical activity
- peanut oil allergy, 42, 43–4, 181, 182
- pediculosis, isolation precautions, 253
- PEEP, 644
- penicillin allergy, 48, 49
- percutaneous core needle liver biopsy, 54, 56–8, 60
- perforated ear drum, 206
- pericardium, 648
- perioperative care, 599, 606
 anaesthetic room preparation, 603–4
 operating theatre, 605–6
 recovery, 606–7
- peripheral cyanosis, 10
- peripheral stimulus, 470
- peripheral venous catheters, 268–90
 administration of drug by bolus injection, 280–3
 administration of intravenous fluid or drug infusion, 283–6
 child and family preparation, 270–1
 equipment and environment preparation, 271–2
 in interventional radiology, 344
 selection of device, 269
 staff provision and roles, 272
 staff training issues, 269–70
 uses, 268
see also blood sampling; cannulas; cannulation
- peripherally inserted central venous catheters (PICCs), 268, 290–2
 advantages, 291
 disadvantages, 291–2
 fracture/damage, 307, 310
 in interventional radiology, 342–4
 in parenteral nutrition, 500–1
 removal, 308–9
 complications, 309–10
 repairing, 307–8
- Peristeen anal irrigation, 95
- peritoneal dialysis (PD), 146, 158–64
 alarms, 164
 assessment of child requiring, 158
 automated machine, 161–2
 choice of fluids available, 162
 discontinuing, 164
 interventions, 163
 patient care, 162–3
 preparation, 158–9
 preparation for surgery, 159
 prescription, 162
 special considerations, 163–4
 starting for AKI, 160–2
 types, 158
- peritonitis, detection, 163
- pernasal swabs, 348–9
- pernicious anaemia, 671
- peroneal nerves, assessment, 517, 518
- Personal Child Health Record (PCHR), 2, 233
- personal hygiene, 166–217
 assessment, 167
 cultural considerations, 167
 nail care, 187–9
 routine, 19
see also bathing; ear care; eye care; nappy care; toileting
- personal protective equipment (PPE), 245–9
 in chemotherapy, 136
- Perthes disease, 531
- pertussis, 230
 diagnosis, 348
 isolation precautions, 253
 vaccine, 223, 225, 226, 230, 233
- pest control, 264
- pethidine, 542
- pharmacy only medicine, 358
- pharyngeal airways, 666–7
 choice, 666
 nasopharyngeal, 666, 667
 oropharyngeal, 666, 667
 sizing, 667
- phenylketonuria (PKU)
 incidence, 428
 screening for, 428–31
 support groups, 431
- phlebitis, with PICCs, 309–10
- phototherapy, 431–4
 administration, 433–4
 principles, 432
- physical contact, significance, 413
- physical dependence
 definition, 735
 mechanisms, 735
- physiotherapy, and traction, 535
- phytomenadione *see* vitamin K1
- PICCs *see* peripherally inserted central venous catheters
- pin worm, 350
- pinch up technique, 386
- pinworm infection, isolation precautions, 253
- pituitary–adrenal suppression, 182
- PKU *see* phenylketonuria
- placenta, examination, 426
- plantarflexion, 517, 518
- plaque removal, 191
- plaster boots, 525
- plaster care, 519–26
 complications of cast, 525–6
 handling newly applied plaster cast, 519–20
 management of plaster casts, 520–3
 preparation and equipment, 520–1
 reinforcing a cast, 523
 removing a cast, 523
 splitting a cast, 521–2
 windowing a cast, 522
 mobilisation in cast, 525
 observations for child in cast, 524
 performing basic care needs, 524
 positioning of child in cast, 524
- plaster of Paris, 519
- plaster saw, 520, 523
- plaster scissors, 521
- plaster shears, 521
- plaster spreaders, 522, 523
- platelets, administration, 76
- Platt Report (1959), 599, 610, 611
- play, 609–25
 development, 611, 614–15
 in hospital, 610–11
 functions, 611
 in hospital, 615
 importance, 610
 in hospital, 611, 614–15
 normal, for development, 611
 in preparation for surgery and procedures *see* play preparation
 projected, 615
 types, 611
see also distraction techniques; therapeutic play
- play preparation, 615–17
 aims, 616
 outcomes, 617
 parents' role, 617
 process/action, 616–17
 resources, 616
- pleural effusion, 648
- pleural membranes, 636
- pMDIs, 373, 376
- PN *see* parenteral nutrition
- pneumococcal conjugate vaccine (PCV), 224, 230
- pneumococcal disease, 230
- pneumococcal polysaccharide vaccine, 224
- pneumonia, 230
 diagnosis, 353
 isolation precautions, 253–4
- pneumothorax, 648
 airway suction and, 637
 chest drainage and, 648, 652, 656, 675

- pneumothorax (*cont'd*)
 oxygen therapy for, 642
 as suctioning complication, 701
 symptoms, 656
 tracheostomy and, 697
see also tension pneumothorax
- poisoning, 625–34
 accidental ingestion, 627
 ethanol (alcohol), 628
 initial management, 628–9
 non-accidental ingestion, 626–8
 paracetamol, 627–8, 629
 high-risk groups, 627
 self-harm, 626–8
 special issues for children and young people, 627
 top 10 substances ingested, 626
 treatment, 629–30
 see also gastric lavage
 tricyclic antidepressant, 688
- poisons information centre, contacting, 630
- poliomyelitis, 223, 230
 isolation precautions, 254
 vaccine, 224, 225, 230
- polymerase chain reaction *see* PCR
- positive end-expiratory pressure (PEEP), 644
- post-dilution, 151
- post-discharge formulas, 476
- post mortem, 587, 588, 589–90
 consent, 589, 590
- post-natal depression, 121
- posterior urethral valves, 332
- PPE *see* personal protective equipment
- Practitioner-Client Relationships and the Prevention of Abuse*, 398
- pre-dilution, 151
- pre-natal history, assessment, 4
- pre-oxygenation, 638
- pregnancy, and radiology, 327
- pregnant women, assaults on, 121
- premature baby, 'minimal handling', 167
- premedication, 602
- preoperative assessment clinics, 599
- preoperative preparation, 599–603, 616–17
 admission to hospital, 600–1, 616
 consent, 601
 fasting, 602
 immediately prior to theatre, 603
 parents' role, 617
 pre-admission, 600, 616
 premedication, 602
see also play preparation
- prescription only medicine (POM), 358, 359
- present illness, assessment procedure
 guideline, 4
- presenteeism, 400
- press and breathe pressurised metered dose inhalers (pMDIs), 373, 376
- pressure garments, 113–14
- pressure points
 avoiding tight wrapping of, 534
 protecting in operating theatre, 605
- pressure ulcers, 208–16
 education, 215–16
 grades classification, 209
 management, 212–16
 after discharge, 216
 by pressure area grades, 216
 repositioning, 212–14
 skin care, 215–16
 support surfaces, 214–15
 plan of care, 212
 reporting flow chart, 216
 risk assessment, 208, 210–11
 risk factors, 208
 risk with traction, 513
 skin assessment, 208–12
 within 72 hours of admission, 216
- preterm infant formulas, 476
- preterm neonates
 increasing nutritional intake, 485
 skin, 168
- prion disease, isolation precautions, 254
- prion protein, 75
- privacy
 and elimination, 167, 177
 and oral care, 196
- prolactin, 480
- pronunciation difficulties, 16
- prosthetic material infections, 346
- prostitution, 119
- protective isolation, 257
- protein, and wound healing, 112
- protein synthesis, zinc and, 112
- pruritus (itching), opioid-related, 572–3
- pseudo-addiction, definition, 735
- psoriasis, 184
- psychological system, review, 20
- puberty, age of reaching, 17–18
- Pugh's traction, 530, 531
- pulmonary hypertension, and chronic hypoxaemia, 643
- pulsations, 14
- pulse, checking in limb, 516
- pulse oximeter, 647
- pulseless electrical activity (PEA), 685
 management, 685
- pulseless ventricular tachycardia *see* ventricular tachycardia
- punch skin biopsy, 60–5
 mediums for, 60
 parental role, 63
 post-procedural care, 64–5
 preparation of child and family, 61
- preparation of equipment, 60
 procedure, 60, 63–4
- pupil reaction, assessment, 437, 442
- pupil responses, 15
- pyrexia
 on hospital admission, 601
 infections presenting as, 346
- quality of life, 578
- rabies vaccine, 50, 224
- radial artery cannulation, 312
- radiation, 104, 422
- radioisotope injection, 340
- radiology, 326–30
 air enema, 336–7
 barium enema *see* barium enema
 barium follow through, 335
 care of child undergoing, 328
 computed tomography (CT), 339–40
 contrast enema, 335–6
 dysphagia swallow using videofluoroscopy, 333
 equipment in department, 326
 fluoroscopy *see* fluoroscopy
 general, 330
 interventional *see* interventional radiology
 intravenous urography, 331–2
 linogram, 338
 magnetic resonance imaging, 342
 micturating cystourethrogram, 332–3
 Nuclear Medicine, 340–1
 nursing role, 326
 positioning, 328
 preparation of child and family, 327
 tests summary, 326
 tracheobronchography, 337–8
 tube oesophagram, 334
 ultrasound, 339
 upper gastrointestinal series, 333–4
see also X-rays
- rapport, with child and family, 3
- rashes, assessment, 18–19
- RAST testing *see* specific IgE (SpIgE) testing
- Ready to Feed (RTF) formulas, 477
- recession, 14
- recovery, 606–7
 before transfer to, 606
 speeding through play, 615
- recovery position, 668
- rectal administration, 376–8
 benefits, 376–7
 cautions, 377
 considerations, 377
 contraindications, 377
 equipment, 377
- rectal biopsy, 89

- rectal examination, 89
 rectal medications *see* enemas
 rectal temperature measurement, 8
 rectal washouts, 90
 infant, 93–4
 older child, 94–5
 rectus femoris muscle, 385
 red cells, administration, 76
 refractory nappy rash, 184
 refusal, of examination or treatment, 412
 rehabilitation, after injury, 402–3
 reinterpretation, 621–2
 relaxation, as coping technique, 619–20
 renal biopsy, 66–9
 complications, 66–7
 contraindications, 66
 discharge after, 67
 indications, 66
 interventional radiology in, 342–3
 nursing role, 66
 post-operative procedure, 68–9
 pre-operative procedure, 67–8
 renal replacement therapy (RRT), 143, 146–9
 dialysis sessions, 149
 fluid loss, 149
 indicators for dialysis, 159
 preparation of child and family for
 dialysis access, 148, 149
 see also haemodialysis; haemofiltration;
 peritoneal dialysis
 renovascular hypertension, 343
 Reporting of Injuries, Diseases and
 Dangerous Occurrences
 Regulations (RIDDOR), 135, 245–6,
 260, 405
 Repose® mattress, 212, 215
 residual Vitello intestinal duct, 426
 respiration, 636
 noisy, 585
 respiratory allergy, 46–8
 diagnosis, 46–7
 management, 47–8
 see also allergic rhinitis; asthma
 respiratory arrest, survival rates, 664
 respiratory assessment, 636
 respiratory care, 635–60
 see also airway suction; chest drainage;
 oxygen therapy
 respiratory depression, opioid-related,
 571–2
 respiratory failure, chronic type two, 642
 respiratory function, compromise of,
 664–5
 respiratory infection, 237
 respiratory physiology, 636
 respiratory rate
 altered near death, 585
 assessment, 9
 respiratory support, importance, 636
 respiratory syncytial virus (RSV), 231
 diagnosis, 352
 isolation precautions, 254
 respiratory system, review, 13–14
 restlessness, near death, 585
 restraint, 412–14
 consent, 412, 413
 definition, 412
 ethics and policy, 272
 legislation, 412
 principles of good practice, 413–14
 documentation, 414
 general, 413
 infants and young children, 413
 need for repeated restraint, 414
 prevention, 413
 restriction of liberty, 414
 use of medications, 414
 in radiological investigation, 328
 restriction of liberty, 414
 resuscitation, 663–91
 age definitions used in, 664
 ethical considerations, 690–1
 do not attempt resuscitation (DNAR)
 orders, 691
 ending attempts, 691
 presence of parents during attempts,
 690
 following burn, 105
 post-resuscitation care, 690
 recovery position, 668
 tracheostomy, 706–10
 algorithm, 706, 708
 breathing assessment, 710
 see also airway management; basic
 life support;
 cardiorespiratory arrest;
 choking; circulation
 management
 resuscitation skills, need for, 636, 640
 reticular activating system (RAS), 437
 retrolental fibroplasias, 643
 return of spontaneous circulation (ROSC),
 664, 679, 685, 686, 687, 690, 691
 reward, after cannulation, 277
 rhabdomyolysis, 518
 rhinovirus, isolation precautions, 254
 RIDDOR *see* Reporting of Injuries,
 Diseases and Dangerous
 Occurrences Regulations
 right internal jugular vein, 292
 rights, of child, 121
 ringworm *see* Tinea
 ROSC, 664, 679, 685, 686, 687, 690, 691
 rotavirus, 231
 isolation precautions, 254
 Royal College of Nursing Manual
 Handling Assessments in Hospital
 and the Community, 398
 RRT *see* renal replacement therapy
 RSV *see* respiratory syncytial virus
 RTF formulas, 477
 rubella (German measles), 223, 226, 230–1
 isolation precautions, 254
 rubeola *see* measles
 Rusch® valve, 717
 saliva, 190
 assessment, 192
 salivary amylase, 190
 Salmonella, isolation precautions, 254
 salt, consumption recommendations,
 477–8
 SARS *see* severe acute respiratory
 syndrome
 The Saving Lives Tools, 237
 SBARD, 636, 645
 scabies, isolation precautions, 254
 scarlet fever, isolation precautions, 254
 scars, 14
 formation following burn, 113
 school, problems at, 6
 SCIG, 82, 85
 screening *see* fluoroscopy
 seasonal influenza vaccine, 50
 seborrhoea eczema, 184
 security, sense of, 20
 sedation
 conscious, 554
 deep, 554
 excessive, 553, 571
 minimal, 554
 moderate, 554
 in pain management, 542
 preoperative, 602
 for radiological investigation, 329–30
 Sedation Withdrawal Score, 738
 seizures, 443–7
 causes, 443–4
 classification of types, 448
 convulsing child, algorithm example,
 471–2
 definition, 443
 documentation on admission, 444–5
 management and goals, 446–7
 myoclonic, 443
 origin of symptoms and signs, 447
 in palliative patient, 581
 physiology, 444
 status epilepticus, 447, 448–9
 definition, 444, 447
 treatment, 448–9
 tonic-clonic, 443, 444
 Seldinger technique, 292, 696, 709, 710
 self-esteem, and body image, 112
 self-hypnototherapy, 622
 self-inflating bag-mask (B-M) ventilation,
 669–71

- sensation, testing, 517, 518
 sensorineural deafness, 229
 septicaemia, 278
 Serious Hazards of Transfusion (SHOT)
 committee, 75
 sesame allergy, 44
 severe acute respiratory syndrome (SARS),
 237
 isolation precautions, 254
 Severe Combined Immunodeficiency
 Syndrome (SCIDS), 225
 sexual abuse, 119–20, 349
 sexual activity, review, 18
 sexual development, review, 17–18
 sham feeding, 506–9
 completing procedure, 509
 feeding child, 508
 informing child and family, 507
 preparing to feed, 507
 Shandling catheter, 95
 sharps bins, 259, 264
 sharps disposal, 264
 sharps injuries, prevention, 259–60
 shell fish allergy, 43, 44
 Shigella, isolation precautions, 254
 Shiley® tube, 715, 716
 shingles *see* herpes zoster
 shock
 following poisoning, 629
 treatment, 642
 showering, 168
 sickle cell disorders, 428, 429
 support groups, 431
 sickle crisis, 566
 sigmoidoscopy, 89
 Significant Harm, 122
 Silastic Foley™ catheter, 719
 silver tubes, 715, 716
 simple oxygen masks, 643, 644
 sip feeds, 478, 479
 skeletal traction, 513, 530, 536
 skeletal pin sites, care, 513, 537
 skin
 acidity, 168
 airing, 181
 anatomy, 104, 167–8
 assessment, 168
 in pressure ulcer prevention, 208–12
 breakdown, 180
 fungal samples, 351
 integrity maintenance, 741
 physiological functions, 60
 skin cleansers, 181
 skin colour, 13, 18
 skin disorders, 18–19
 diagnosis, 60
 skin hygiene
 in pressure ulcer prevention, 215–16
 review, 18–19
 skin patches administration, 393–4
 benefits, 393
 cautions, 393
 considerations, 393
 contraindications, 393
 equipment, 394
 skin prick testing (SPT), 40, 44–5, 49,
 51
 advantages and disadvantages, 42
 skin protection, 241–5
 skin stretch technique, 386
 skin traction, 530, 533–4
 sliding traction, 530
 slings, 406
 slings and springs suspension, 531–2
 slipped upper femoral epiphysis, 531
 small-volume extended mouthpiece
 spacers, 373, 375
 smallpox, 223, 227
 Smiths Portex®, 715, 716
 snacks, between-meal, 478
 social exclusion, 120
 sodium depletion, 98
 Sofradex, 206, 207
 soft gauze, as dressing, 111
 source isolation, 257
 soya allergy, 44
 spacers, 373, 375
 speaking valves, 717
 specialist mattresses, 212, 214–15
 specific IgE (SpIgE) testing, 40, 44–5,
 51
 advantages and disadvantages, 42
 specimen collection, 344–55
 equipment, 345
 preparation, 345
 rationale, 345
 see also biopsy material; blood
 sampling; cerebrospinal
 fluid; ear swabs; eye swabs;
 faeces; fungal samples;
 gastric washings;
 nasopharyngeal aspirate;
 nose swabs; pernasal swabs;
 sputum; throat swabs; urine;
 vaginal swabs; vesicular
 fluid; wound swabs
 sphygmomanometer, 27, 28, 30
 spinal cord, 400–1
 spinal nerves, 401
 spine, anatomy, 400–2
 spirometry, 47
 splinter haemorrhages, 13
 SPT *see* skin prick testing
 sputum, collecting samples, 353
 squint repair, 204
 staff hygiene, 167
 Standard-ANTT, 257
 Standard for Hospital Services, 122
 standard precautions, 240–64
 hand hygiene and skin protection, 241–5
 isolation nursing *see* isolation nursing
 personal protective equipment, 245–9
 in chemotherapy, 139
 staphylococcal disease, isolation
 precautions, 255
 Starkey position, 196
 status epilepticus, 447, 448–9
 definition, 444, 447
 treatment, 448–9
 stay sutures, 695, 700
 stem cells, 69
 sternal rub, 470
 sternomastoid muscle, 16
 stethoscope, 30
 stickers, suppliers, 324
 stoma care, 97–101
 changing pouch, 100
 factors to note, 97–9
 potential problems, 101
 pouch selection, 99–100
 siting of stoma, 98–99
 types of stoma, 97
 strabismus, 15
 straight leg (Pugh's) traction, 530, 531
 stratum corneum, 168, 240, 418
 streptococcal disease, isolation
 precautions, 255
 stress, sources for families, 120–1
 stridor, 14, 682
 Stryker Turning Frame, 535, 536, 537
 stunting, 474
 stye, 203
 subacute combined degeneration, 548
 subacute sclerosing panencephalitis
 (SSPE), 229
 subclavian vein, 292
 subcutaneous administration, 382–4
 benefits, 382
 cautions, 382
 considerations, 382
 contraindications, 382
 equipment, 383
 needle and syringe, 383
 sites for, 382, 385
 subcutaneous cannula, 384
 subcutaneous emphysema, 656
 subcutaneous layer, 104, 167
 sub-glottic stenosis, 694
 sublingual administration *see* buccal and
 sublingual administration
 substitute words, care in use of, 617, 621
 subtotal colectomy, 90
 suck-swallow-breathe sequence, 476
 sucralbate, 182
 sucrose, 573–4
 administration, 573–4
 assessment, 574

- cautions, 573
- contraindications, 573
- documentation, 574
- indications, 573
- suction biopsy, 89
- suction catheters, 639
- suctioning, 700–3
 - complications, 701
 - suction pressures, 701
- sugar, addition to foods, 478
- sugars, 197–8
- sulphonamides, and neonatal jaundice, 431
- ‘super shedders’, 239
- superficial burns, 104–5, 108
- superficial partial thickness burns, 105
- supplementary prescribers, 359
- support surfaces, 214–15
- suppositories, 90, 91–2, 376
 - administration, 91–2, 377, 378
 - contraindications, 96
 - via colostomy, 378
 - via ileostomy, 378
- supraorbital squeeze, 470
- suprapubic catheterisation, 719
 - flushing catheter, 728–9
 - removal of catheter, 730–2
- Surgical-ANTT, 257
- surgical emphysema, 697, 698
- surgical ‘pause’, 606
- surgical site infections (SSI), 237
- suspension medication, 366
- swabs, taking, 347–50
- swallowing
 - assessment, 192
 - problems, 16, 200
 - videofluoroscopy investigation, 333
- Swedish nose, oxygen delivery via, 644
- swine flu, 228
- syringe drivers
 - in blood component administration, 78
 - in epidural analgesia, 554, 556
- syrup of ipecacuanha, 629
- systolic blood pressure, 22, 28
 - manual measurement, 33
- tablets, crushing, 364–5, 366
- tachypnoea, 581
- talcum powder, 171
- tamponade, as cardiorespiratory arrest cause, 690
- tapeworm disease, isolation precautions, 255
- TB *see* tuberculosis
- technetium, 340
- teeth
 - anatomy, 190
 - assessment, 192
 - brushing techniques, 195
 - cleaning, 191–7
 - thumb sucking and, 190
- temperature
 - assessment, 7–8
 - monitoring in neonates, 417–18
- tension pneumothorax, 648, 656
 - as cardiorespiratory arrest cause, 690
- tetanus, 224, 231
 - isolation precautions, 255
- therapeutic holding, 412–14
 - consent, 412, 413
 - definition, 412
 - legislation, 412
 - principles of good practice, 413–14
 - in emergency situations, 413
 - general, 413
 - infants and young children, 413
 - for planned procedures, 413
 - prevention, 413
- therapeutic play, 620–3
 - desensitisation, 620
 - guided imagery, 622–3
 - needle play, 620–1
 - reinterpretation, 621–2
- thermoregulation, in operating theatre, 605
- thoracostomy, 652
- threadworm, 350
- throat swabs, 349
- thrombocytopenia, and biopsy, 55
- thrombo-emboli, as cardiorespiratory arrest cause, 690
- thrombosis, with PICCs, 310
- thrusts, 683
- thumb sucking, and teeth, 190
- tibia, anteriomedial aspect, 672
- tibial nerves, assessment, 517, 518
- tidal dialysis, 158
- Tight to Shaft (TTS) cuff, 715, 716
- TILE, 399–400
 - environment, 400
 - individual, 399
 - load, 399–400
 - task, 399
- Tinea, isolation precautions, 255
- tissue donation, 590
- tissue ischaemia, 513
- toddler’s diarrhoea, 91
- ‘toe-to-core’ temperature difference, 418
- toilet training, 176–7
- toileting, 90, 174, 176–80
 - assessment of needs, 177–9
 - child with special needs, 179, 180
 - continent child, 179–80
 - regime, 17
- tolerance
 - definition, 735
 - mechanisms, 735
- tongue
 - anatomy, 190
 - assessment, 192
- toothbrushes, 192–3, 197
- toothpaste, 193, 197
- topping and tailing, 168, 173
- total blood volume (TBV), 148
- total body water, 143
- total daily dose (TDD), 360
- total occlusion, 307
- toxic ingestion, and seizures, 444
- toxic shock syndrome, isolation precautions, 255
- toxicity, as cardiorespiratory arrest cause, 690
- toxoids, 225
- toxoplasmosis, isolation precautions, 255
- toys, 262
 - in radiology department, 326
- trabeculectomy, 204
- ‘Trache’ poster, 707
- tracheal stenosis, 694
- tracheal tubes, 669
- tracheobronchial secretions, clearing, 636
- tracheobronchial trauma, 637
- tracheitis, diagnosis, 353
- tracheo-oesophageal fistula, 334
- tracheobronchography, 337–8
- tracheobronchomalacia, 337, 338
- tracheomalacia, 694
- tracheostomy, 693–717
 - caring for newly formed, 694–700
 - dressings, 700
 - feeding, 699
 - first tube change, 694, 700
 - humidification, 699–700
 - initial complications, 696–7, 697–8
 - initial observations, 696–7
 - post-procedural tube check, 697
 - preparation of equipment and environment, 695–6
 - discharge planning, 711–13
 - algorithm, 712
 - equipment list, 711, 713
 - indications, 694
 - management of established, 700–6
 - suctioning, 700–3
 - tape changes, 703–5
 - tube changes (planned), 705–6
 - mask, oxygen delivery via, 644
 - positioning, 694
 - resuscitation, 706–10
 - algorithm, 706, 708
 - breathing assessment, 710
 - speaking valves, 717
 - tubes, 715–17
 - cannula, 716
 - obturator (introducer), 716

- tracheostomy (*cont'd*)
 plastic, 715, 716
 ports, 716
 silver, 715, 717
- traction, 530–7
 abduction, 531
 assembly principles, 532–3
 balanced, 530
 decline in use, 513, 531
 definition, 530
 fixed, 530
 gallows, 531
 halo-tibial, 535–7
 history, 530
 management, 533
 manual, 530
 neurovascular observations and, 535
 nursing care of child in, 535, 537
 physiotherapy and, 535
 Pugh's, 530, 531
 skeletal, 513, 530, 536
 skin, 530, 533–4
 sliding, 530
 slings and springs suspension and, 531–2
 uses, 530
- traction cord, 532, 536
- trans-epidermal water loss, 418
- transanal colonic irrigation, 95–7
 ACE procedure, 90, 97
 anal irrigation, 95
- transcellular compartment, 143
- transducer calibration, 314–15
- transduction, 239
- transformation, 239
- transjugular biopsy, 54, 55, 59
- Transplant Coordinator, 590
- trapezium squeeze, 470
- trapezius muscle, 16
- trauma
 angiogram in, 343
 management, 105
 as tracheostomy indication, 694
- tree nut allergy, 42, 43–4
- Trendelenburg position, 519, 524
- triage, 626
- tricyclic antidepressant poisoning, 688
- tryptase, 49
- tube oesophagram, 334
- tuberculosis (TB), 226, 231
 areas of high incidence, 224
 isolation precautions, 255–6
 testing for, 380
- tumour seeding, in liver biopsy, 59
- tumours, and seizures, 444
- tunnelled central venous catheters, 268, 292–3, 344, 500
 see also central venous access devices
- tympanic temperature measurement, 8
- typhoid fever, isolation precautions, 256
- UGI, 333–4
- UK Blood Safety and Quality Regulations, 77
- UK Newborn Screening Programme Centre, 428, 431
- ulcerative colitis, 376
- ultra filtration (UF), 147, 162
- ultrasound, 339
- umbilical artery, 310, 426
- umbilical care, 426–8
- umbilical cord
 infections, 426
 preparation, 425
 stump, 240, 426
- umbilical hernia, 426
- umbilicus, care of, 427–8
- uniforms, laundering, 263
- upper gastrointestinal series (UGI), 333–4
- upper limb neurovascular observation chart, 515
- urachus, 426
- ureteric reflex, 332
- ureterostomy, 97
- urethral catheterisation, 719
 catheter insertion, 719–23
 informing child and family, 719–20
 preparation, 720–1
 procedure guideline, 722–3
 catheter removal, 730–2
 care after, 731–2
 catheter sizes and models, 721
 and urinary tract infections, 719
- urinary catheter care, 718–33
 emptying drainage bag, 726–7
 entry site, 725–6
 flushing catheters, 728–9
 general, 723
 maintaining drainage, 727
 obtaining catheter specimen of urine (CSU), 729
 reasons for insertion, 719
 types of catheter, 719
 see also Mitrofanoff catheter;
 suprapubic catheterisation;
 urethral catheterisation;
 vesico-ureteric stent catheters
- urinary diversions, 97
- urinary pouches, 99
- urinary retention, in epidural analgesia, 562
- urinary tract infections
 catheterisation and, 719–20
 financial cost, 237
 investigation, 332
- urine
 assessment, 17
 bag specimen, 353
 bedside testing, 353
 catheter specimen, 353–4
 collecting midstream specimen, 353–4
 from Mitrofanoff stoma, 354
- urometers, 726
- urticaria, 19
- vaccination
 and drug allergy, 49–50
 programme options, 227
- vaccines
 administration, 231
 adverse reactions, 226
 component, 225
 conjugate, 225
 efficacy, 226
 genetically engineered, 225
 high uptake importance, 231–3
 live, 225
 safety, 226
 safety scares, 233
 storage, 231
 types, 225
 whole cell, 225
- vagal reaction, in PICC line removal, 309
- vaginal swabs, 349
- Vamin, 500
- variable flow masks, 643, 644
- variant Creutzfeldt-Jakob disease (vCJD), 75, 76
- varicella (chickenpox), 233
 isolation precautions, 256
- varicella zoster, isolation precautions, 256
- varicella zoster virus (VZV), 231
- vascular access
 in fluid balance, 149–50
 see also intravenous access
- vasculitis, 343
- vaseline, on lips, 194, 197
- vastus lateralis muscle, 385
- vCJD, 75, 76
- venepuncture, best practice standard, 291
- venesection, 75
- venous compression, in plaster cast, 526
- venous sinusoids, 387
- venous spasm, in PICC line removal, 309
- ventilation, 636
- ventilation circuit, oxygen delivery via, 644
- ventricular fibrillation (VF), 676, 685, 688
 management, 686–7, 688–9
- ventricular tachycardia (VT), 676, 685, 688
 management, 686–7, 688–9
- verbal response, scoring, 437, 438, 439–40
- vesicants, 139–40
- vesico-ureteric stent catheters, 719
 removal, 730–1
- vesicostomy, 97

- vesicular fluid, collecting sample, 354–5
 VF *see* ventricular fibrillation
 Victoria Climbié Inquiry, 123, 124, 127, 131
 videofluoroscopy, dysphagia swallow using, 333
 vincristine, 140
 virus inactivation processes, 75, 80
 vision problems, 15
 visual disturbances, assessment, 517
 visual infusion phlebitis *see* infusion phlebitis
 visual infusion phlebitis (VIP) score, 279, 282, 285, 286, 290
 vital signs, measurement, 6–9
 vitamin C
 and collagen synthesis, 112
 and urinary diversion, 98
 vitamin K administration, 424–6
 management, 425
 routes of administration, 425
 vitamin K deficiency bleeding (VKDB), 424
 vitamin K1, 424–6
 vocal cord immobility, 694
 voice, assessment, 192
 Volkmann's ischaemia, 513
 volumetric pumps, 554, 556
 vomiting
 opioid induced, 572, 579
 in palliative patient, 580–1
 VT *see* ventricular tachycardia
 wafting, 643, 644
 'wake up' protocols, 736
 washing *see* bathing
 waste disposal, 263–4
 weaning, 477–8
 weaning plans, 736, 737
 weaning protocols, 741–4
 weight
 'dry', 158
 measurement, 11–12
 wheat allergy, 44
 wheeziness, 14
 whey-based formulas, 476
 'white coat' hypertension, 31
 whooping cough *see* pertussis
 withdrawal *see* drug withdrawal
 Withdrawal Assessment Tool-1 (WAT-1), 738, 739
 withdrawal occlusion, 307
 withdrawal syndrome
 definition, 735
 diagnosis, 737
 time of occurrence, 741
Working Together under the Children Act 1989, 124
 World Alliance to Patient Safety, 237
 wound swabs, 350
 wounds
 assessment, 19
 care, burn, 108–11
 cleansing, burn, 109, 111
 healing, burn, 108, 111
 X-rays, 326
 plain, 330
 see also radiology
 Yankauer suckers, 639
 Yellow Card system, 226
 yellow fever vaccine, 50
 Your 5 Moments for Hand Hygiene, 242
 Z-track technique, 386
 zero reference point, 450, 452, 453
 zinc, and protein synthesis, 112

